

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 1 Young Females

Team Pos	Club	Team Time	Leg 1		Leg 2		Leg 3	
1	VP-Glasgow AC	0:29:43	Iona Wilson	28	Hollie Young	7	Elizabeth Potter	1
			11:27	11:27	0:20:56	09:29	0:29:43	08:47
2	Kilbarchan AAC	0:29:52	Vanessa Hogan	1	Elaine Eadie	1	Natalie Sharp	2
			10:01	10:01	0:20:17	10:16	0:29:52	09:35
3	Giffnock North AAC	0:30:05	Sophie Jones	8	Heather Howie	2	Claire McAuley	3
			10:29	10:29	0:20:32	10:03	0:30:05	09:33
4	Giffnock North AAC	0:30:34	Nikki Manson	15	Rebecca Hart	8	Catriona Lockie	4
			10:51	10:51	0:20:57	10:06	0:30:34	09:37
5	VP-Glasgow AC	0:31:09	Rachel Dick	28	Sarah Potter	10	Jennifer Hannah	5
			11:27	11:27	0:21:21	09:54	0:31:09	09:48
6	Giffnock North AAC	0:31:12	Stephanie Fairfield	3	Aileen Irvine	3	Rachel McDowall	6
			10:15	10:15	0:20:43	10:28	0:31:12	10:29
7	Whitemoss	0:31:15	Kirsty Jamieson	10	Lauren Mooney	4	Rachel Barlas	7
			10:32	10:32	0:20:50	10:18	0:31:15	10:25
8	Ron Hill Cambuslang	0:31:23	Kerrie Miller	24	Lucy Deeny	14	Stephanie Wright	8
			11:11	11:11	0:21:41	10:30	0:31:23	09:42
9	VP-Glasgow AC	0:31:30	Eve Dunlop	37	Deborah Hannah	19	Josephine Moultrie	10
			12:05	12:05	0:22:10	10:05	0:31:30	09:20
10	Shettleston H	0:31:58	Jemma McQuillan	6	Amanda Monaghan	5	Helen Pawelczyk	11
			10:24	10:24	0:20:53	10:29	0:31:58	11:05
11	East Kilbride AC	0:32:01	Hayley Middleton	19	Fiona Borthwick	18	Deborah Stokoe	12
			11:02	11:02	0:21:59	10:57	0:32:01	10:02
12	Kilmarnock H & AC	0:32:04	Eve Kerr	4	Lois Shankland	6	Lauren Campbell	13
			10:21	10:21	0:20:55	10:34	0:32:04	11:09
13	Giffnock North AAC	0:32:05	Frances Lowrie	8	Olivia Keenan	11	Alex Porteous	14
			10:29	10:29	0:21:29	11:00	0:32:05	10:36
14	East Kilbride AC	0:32:13	Caitlin Hackett	16	Rhona Calder	12	Jennifer Waddell	15
			10:56	10:56	0:21:38	10:42	0:32:13	10:35
15	Inverclyde AC	0:32:15	Milissa Montague	31	Emma Meechan	22	Emma Rice	16
			11:42	11:42	0:22:27	10:45	0:32:15	09:48
16	Giffnock North AAC	0:32:18	Anna Black	7	April Miller	16	Anna Hilley	17
			10:28	10:28	0:21:49	11:21	0:32:18	10:29
17	Kirkintilloch Oly	0:32:28	Maria Milliken	12	Lauren McIntyre	21	Alexandra Lamond	18
			10:37	10:37	0:22:23	11:46	0:32:28	10:05
18	Ron Hill Cambuslang	0:32:41	Rebecca Bonomi	23	Cheryl Anderson	25	Caitlin Hendry	19
			11:06	11:06	0:22:41	11:35	0:32:41	10:00
19	Kilmarnock H & AC	0:32:52	Fern Wales	17	Bethany Ross	13	Stephanie Sloan	20
			11:00	11:00	0:21:40	10:40	0:32:52	11:12
20	Kilbarchan AAC	0:33:00	Jennifer Eadie	18	Katie McAlpine	15	Michelle Bell	21
			11:01	11:01	0:21:48	10:47	0:33:00	11:12
21	Kilbarchan AAC	0:33:10	Kate Gillies	13	Sarah Ogilvie	19	Samantha Kelly	22
			10:39	10:39	0:22:10	11:31	0:33:10	11:00
22	Irvine AC	0:33:23	Emily Munn	34	Paige Douglas	27	Sarah Munn	23
			11:53	11:53	0:22:53	11:00	0:33:23	10:30
23	Ayr Seaforth	0:33:26	Jemma McSheffery	11	Lauren Goldie	23	Stephanie Dougan	24

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Race 1 Young Females

			10:36	10:36	0:22:33	11:57	0:33:26	10:53
24	Kilmarnock H & AC	0:33:41	Brogan Wallace	5	Sarah McNish	17	Mia Tait	25
			10:22	10:22	0:21:57	11:35	0:33:41	11:44
25	Giffnock North AAC	0:33:47	Constance Hope Mackay	14	Constance Hope Mac	23	Joanna Thomson	26
			10:44	10:44	0:22:33	11:49	0:33:47	11:14
26	Inverclyde AC	0:34:04	Gemma Campbell	35	Amy McLeary	26	Rachael Bushfield	27
			11:58	11:58	0:22:49	10:51	0:34:04	11:15
27	East Kilbride AC	0:34:15	O.Steven	20	Jacqueline Fergusson	28	Julia Calder	28
			11:03	11:03	0:22:59	11:56	0:34:15	11:16
28	Inverclyde AC	0:34:15	Amy Meechan	43	Lisa MacDonald	32	Deborah Moore	28
			12:32	12:32	0:23:25	10:53	0:34:15	10:50
29	Law & District	0:34:41	Emma Watson	45	Julie Dobbin	42	Nicola Lindsay	30
			13:53	13:53	0:25:11	11:18	0:34:41	09:30
30	VP-Glasgow AC	0:34:50	Eilidh McEvilly	39	Amy MacLellan	34	Rachel McLellan	31
			12:21	12:21	0:23:46	11:25	0:34:50	11:04
31	Kirkintilloch Oly	0:34:58	Rachel Hayes	#N/A	Heather Stewart	29	Diane Ramsay	32
			#N/A	#N/A	0:23:06	23:06	0:34:58	11:52
32	Irvine AC	0:35:06	Sarah Munn	25	Ashley McQueen	30	Molly Bell	33
			11:21	11:21	0:23:14	11:53	0:35:06	11:52
33	Ron Hill Cambuslang	0:35:26	Gemma Connelly	42	Shereen Smith	39	Danielle Melville	34
			12:31	12:31	0:24:30	11:59	0:35:26	10:56
34	Shettleston H	0:35:36	Keri Haran	22	Emma Porteous	31	Jessica Donaldson	35
			11:04	11:04	0:23:23	12:19	0:35:36	12:13
35	Kirkintilloch Oly	0:36:11	Clare Brown	25	Megan Stewart	35	Andrea Gaffney	36
			11:21	11:21	0:24:08	12:47	0:36:11	12:03
36	Kilbarchan AAC	0:36:18	Morven Ford(McEwen)	40	Cara Butler	41	Amanda Herron	37
			12:23	12:23	0:24:50	12:27	0:36:18	11:28
37	Kilmarnock H & AC	0:37:32	Lorne Kerr	36	Stephanie Miller	36	Amy Milliken	38
			12:00	12:00	0:24:14	12:14	0:37:32	13:18
38	Kilmarnock H & AC	0:37:48	Gemma McCutcheon	20	Nicole Hamilton	37	Louise Martin	39
			11:03	11:03	0:24:16	13:13	0:37:48	13:32

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Race 1 Young Females

Rank	Runner	Club	Cat	Time
1	Elizabeth Potter	VP-Glasgow AC	U17	08:47
2	Josephine Moultrie	VP-Glasgow AC	U17	09:20
3	Hollie Young	VP-Glasgow AC	U15	09:29
4	Nicola Lindsay	Law & District	U15	09:30
5	Claire McAuley	Giffnock North AAC	U17	09:33
6	Natalie Sharp	Kilbarchan AAC	U17	09:35
7	Catriona Lockie	Giffnock North AAC	U17	09:37
8	Stephanie Wright	Ron Hill Cambuslang	U17	09:42
9	Jennifer Hannah	VP-Glasgow AC	U17	09:48
10	Emma Rice	Inverclyde AC	U17	09:48
11	Sarah Potter	VP-Glasgow AC	U15	09:54
12	Caitlin Hendry	Ron Hill Cambuslang	U17	10:00
13	Vanessa Hogan	Kilbarchan AAC	U13	10:01
14	Deborah Stokoe	East Kilbride AC	U17	10:02
15	Heather Howie	Giffnock North AAC	U15	10:03
16	Deborah Hannah	VP-Glasgow AC	U15	10:05
17	Alexandra Lamond	Kirkintilloch Oly	U15	10:05
18	Rebecca Hart	Giffnock North AAC	U15	10:06
19	Stephanie Curran	Whitemoss	U13	10:13
20	Stephanie Fairfield	Giffnock North AAC	U13	10:15
21	Elaine Eadie	Kilbarchan AAC	U15	10:16
22	Lauren Mooney	Whitemoss	U15	10:18
23	Eve Kerr	Kilmarnock H & AC	U13	10:21
24	Brogan Wallace	Kilmarnock H & AC	U13	10:22
25	Jemma McQuillan	Shettleston H	U13	10:24
26	Rachel Barlas	Whitemoss	U17	10:25
27	Laura McCord	Whitemoss	U17	10:26
28	Aileen Irvine	Giffnock North AAC	U15	10:28
29	Anna Black	Giffnock North AAC	U13	10:28
30	Sophie Jones	Giffnock North AAC	U15	10:29
30	Frances Lowrie	Giffnock North AAC	U13	10:29
30	Anna Hilley	Giffnock North AAC	U17	10:29
33	Amanda Monaghan	Shettleston H	U13	10:29
34	Rachel McDowall	Giffnock North AAC	U17	10:29
35	Lucy Deeny	Ron Hill Cambuslang	U15	10:30
36	Sarah Munn	Irvine AC	U17	10:30
37	Kirsty Jamieson	Whitemoss	U13	10:32
38	Lois Shankland	Kilmarnock H & AC	U15	10:34
39	Jennifer Waddell	East Kilbride AC	U15	10:35
40	Alex Porteous	Giffnock North AAC	U17	10:36
41	Jemma McSheffery	Ayr Seaforth	U13	10:36
42	Maria Milliken	Kirkintilloch Oly	U13	10:37
43	Kate Gillies	Kilbarchan AAC	U13	10:39
44	Bethany Ross	Kilmarnock H & AC	U15	10:40
45	Rhona Calder	East Kilbride AC	U15	10:42

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Race 1 Young Females

46	Constance Hope Mackay	Giffnock North AAC	U13	10:44
47	Emma Meechan	Inverclyde AC	U15	10:45
48	Katie McAlpine	Kilbarchan AAC	U15	10:47
49	Deborah Moore	Inverclyde AC	U17	10:50
50	Sarah Miller	Whitemoss	U13	10:50
51	Nikki Manson	Giffnock North AAC	U13	10:51
52	Amy McLeary	Inverclyde AC	U15	10:51
53	Stephanie Dougan	Ayr Seaforth	U15	10:53
54	Lisa MacDonald	Inverclyde AC	U13	10:53
55	Danielle Melville	Ron Hill Cambuslang	U17	10:56
56	Caitlin Hackett	East Kilbride AC	U13	10:56
57	Fiona Borthwick	East Kilbride AC	U15	10:57
58	Samantha Kelly	Kilbarchan AAC	U17	11:00
59	Paige Douglas	Irvine AC	U15	11:00
60	Fern Wales	Kilmarnock H & AC	U13	11:00
61	Olivia Keenan	Giffnock North AAC	U15	11:00
62	Jennifer Eadie	Kilbarchan AAC	U13	11:01
63	Hayley Middleton	East Kilbride AC	U13	11:02
64	O.Steven	East Kilbride AC	U13	11:03
64	Gemma McCutcheon	Kilmarnock H & AC	U13	11:03
66	Keri Haran	Shettleston H	U13	11:04
67	Rachel McLellan	VP-Glasgow AC	U17	11:04
68	Helen Pawelczyk	Shettleston H	U15	11:05
69	Rebecca Bonomi	Ron Hill Cambuslang	U13	11:06
70	Lauren Campbell	Kilmarnock H & AC	U17	11:09
71	Kerrie Miller	Ron Hill Cambuslang	U13	11:11
72	Michelle Bell	Kilbarchan AAC	U17	11:12
73	Stephanie Sloan	Kilmarnock H & AC	U15	11:12
74	Joanna Thomson	Giffnock North AAC	U17	11:14
75	Rachael Bushfield	Inverclyde AC	U17	11:15
76	Julia Calder	East Kilbride AC	U15	11:16
77	Julie Dobbin	Law & District	U15	11:18
78	Sarah Munn	Irvine AC	U17	11:21
78	Clare Brown	Kirkintilloch Oly	U13	11:21
80	April Miller	Giffnock North AAC	U15	11:21
81	Caitlin Lee	Irvine AC	U13	11:25
81	Amy MacLellan	VP-Glasgow AC	U15	11:25
83	Iona Wilson	VP-Glasgow AC	U13	11:27
83	Rachel Dick	VP-Glasgow AC	U13	11:27
85	Amanda Herron	Kilbarchan AAC	U17	11:28
86		Law & District		11:30
87	Sarah Ogilvie	Kilbarchan AAC	U15	11:31
88	Cheryl Anderson	Ron Hill Cambuslang	U15	11:35
89	Sarah McNish	Kilmarnock H & AC	U15	11:35
90	Milissa Montague	Inverclyde AC	U13	11:42
91	Robyn Lewis	Kilbarchan AAC	U15	11:43
92	Mia Tait	Kilmarnock H & AC	U17	11:44
93	Lauren McIntyre	Kirkintilloch Oly	U15	11:46

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Race 1 Young Females

94	Laura Smith	Kilmarnock H & AC	U13	11:48
95	Constance Hope Mackay	Giffnock North AAC	U13	11:49
96	Kerry Keegan	Kilbarchan AAC	U13	11:50
97	Molly Bell	Irvine AC	U15	11:52
97	Diane Ramsay	Kirkintilloch Oly	U15	11:52
99	Emily Munn	Irvine AC	U13	11:53
100	Ashley McQueen	Irvine AC	U15	11:53
101	Jacqueline Fergusson	East Kilbride AC	U13	11:56
102	Lauren Goldie	Ayr Seaforth	U15	11:57
103	Gemma Campbell	Inverclyde AC	U13	11:58
104	Shereen Smith	Ron Hill Cambuslang	U15	11:59
105	Lorne Kerr	Kilmarnock H & AC	U13	12:00
106	Andrea Gaffney	Kirkintilloch Oly	U15	12:03
107	Eve Dunlop	VP-Glasgow AC	U13	12:05
108		Kilmarnock H & AC		12:13
109	Jessica Donaldson	Shettleston H	U17	12:13
110	Stephanie Miller	Kilmarnock H & AC	U15	12:14
111	Laura Meney	Kilmarnock H & AC	U15	12:16
112	Emma Porteous	Shettleston H	U15	12:19
113	Eilidh McEvilly	VP-Glasgow AC	U13	12:21
114	Sarah Reford	Inverclyde AC	U13	12:23
114	Morven Ford(McEwen)	Kilbarchan AAC	U13	12:23
116	Cara Butler	Kilbarchan AAC	U13	12:27
117	Gemma Connelly	Ron Hill Cambuslang	U13	12:31
118	Amy Meechan	Inverclyde AC	U13	12:32
119	Jacalyn Dunlop	Kilmarnock H & AC	U13	12:33
120	Megan Stewart	Kirkintilloch Oly	U13	12:47
121	Alexandra Reid	Irvine AC	U15	12:57
122	Nicole Hamilton	Kilmarnock H & AC	U15	13:13
123	Amy Milliken	Kilmarnock H & AC	U17	13:18
124	Louise Martin	Kilmarnock H & AC	U17	13:32
125	Emma Watson	Law & District	U13	13:53
126	Heather Stewart	Kirkintilloch Oly	U15	23:06

Scottish Athletics West District Cross Country Relay Champs

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Race 2 Young Males

Team No	Club	Team Time	Leg 1	Leg 2	Leg 3
1	Ayr Seaforth	0:26:10	Finlay Rae 08:57	1 Andrew Rae 08:57 0:17:42	1 Alex Oliver 08:45 0:26:10
2	Giffnock North AAC	0:26:25	Neil Gourley 09:31	5 Grant Muir 09:31 0:18:05	4 Matthew Ritchie 08:34 0:26:25
3	Nithsdale	0:26:31	Alistair Barnes 09:32	6 David Vernon 09:32 0:17:52	3 Kyle McLellan 08:20 0:26:31
4	Kilbarchan AAC	0:26:37	Russell Mountford 09:26	4 Thomas McDonald 09:26 0:18:26	6 Callum Hawkins 09:00 0:26:37
5	Shettleston H	0:26:40	Callum Drummond 09:40	8 Andrew Dearie 09:40 0:18:13	5 Lachlan Oates 08:33 0:26:40
6	Law & District	0:26:52	Ross Hill 09:19	3 Craig Wellcoat 09:19 0:17:51	2 Ross MacDonald 08:32 0:26:52
7	Ron Hill Cambuslang	0:27:22	Ryan Thomson 09:53	13 Stewart Orr 09:53 0:18:38	7 Andrew Coulter 08:45 0:27:22
8	Kirkintilloch Oly	0:27:26	Scott Molloy 09:55	15 Craig McIntyre 09:55 0:19:28	15 Matthew Graham 09:33 0:27:26
9	VP-Glasgow AC	0:27:28	Max Aitchison 09:02	2 Paul MacFarlane 09:02 0:18:56	9 Max Ralston 09:54 0:27:28
10	East Kilbride AC	0:27:39	Scott Hernon 09:53	13 Adam Gatens 09:53 0:18:50	8 David Gorman 08:57 0:27:39
11	Shettleston H	0:27:52	Ruaridh Gibson 09:58	16 Adam Drummond 09:58 0:19:10	12 Gary McBride 09:12 0:27:52
12	East Kilbride AC	0:28:02	Drew Gorol 09:45	11 Paul Brooks 09:45 0:19:04	10 Kevin Harvey 09:19 0:28:02
13	Ron Hill Cambuslang	0:28:06	Ross Stephen 10:41	31 Jack Hamilton 10:41 0:19:14	13 Corin Gallagher 08:33 0:28:06
14	Giffnock North AAC	0:28:11	Gary Williamson 10:19	21 Sandy Nimmo 10:19 0:19:17	14 Greg Turner 08:58 0:28:11
15	Kilbarchan AAC	0:28:21	Paul Brown 10:19	21 Calum MacLeod 10:19 0:19:32	17 Stuart Miller 09:13 0:28:21
16	Inverclyde AC	0:28:23	Michael Houston 09:47	12 Paul Currie 09:47 0:19:38	19 Andrew Campbell 09:51 0:28:23
17	Ron Hill Cambuslang	0:28:38	Dean McMurrin 10:25	26 Michael Rankin 10:25 0:19:29	16 Craig Nelson 09:04 0:28:38
18	Law & District	0:28:43	Scott Lawrie 10:00	17 Thomas Lafferty 10:00 0:19:34	18 Jonathan Velu 09:34 0:28:43
19	Kilbarchan AAC	0:28:48	Andrew Campbell 10:19	21 Connor Henderson 10:19 0:19:06	11 Jack Lochlans 08:47 0:28:48
20	Whitemoss	0:28:54	Scott Whiteside 10:32	28 Euan Walker 10:32 0:20:00	24 Stuart Jamieson 09:28 0:28:54
21	VP-Glasgow AC	0:28:56	Findlay Parker 10:03	19 Hugh Mackenzie 10:03 0:19:59	23 Stuart Ross 09:56 0:28:56
22	Kilmarnock H & AC	0:29:09	Evan Cornforth 10:22	24 Grant Beattie 10:22 0:19:58	22 James Wales 09:36 0:29:09
23	East Kilbride AC	0:29:17	Fraser Moxey 10:30	27 Fraser Jamieson 10:30 0:20:26	29 John Fergusson 09:56 0:29:17

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Race 2 Young Males

24	VP-Glasgow AC	0:29:22	Samuel Adams	10	Lewis Wilson	24	Michael Gray	24
			09:43	09:43	0:20:00	10:17	0:29:22	09:22
25	Giffnock North AAC	0:29:36	Fraser O'Rourke	43	Max Lott	31	Ewan McCallum	25
			11:43	11:43	0:20:34	08:51	0:29:36	09:02
26	Whitemoss	0:29:40	Nicholas Philips	18	Ross McCord	21	John Robertson	26
			10:02	10:02	0:19:53	09:51	0:29:40	09:47
27	Clydesdale Harriers	0:29:49	Tony Dolan	29	Peter Bowman	20	Ryan Nelson	27
			10:33	10:33	0:19:43	09:10	0:29:49	10:06
28	Giffnock North AAC	0:29:57	David Tolland	37	Alistair McCallum	26	Lyle Frank	28
			11:09	11:09	0:20:17	09:08	0:29:57	09:40
29	Inverclyde AC	0:29:59	Jack Rice	9	Jack Bushfield	28	Matthew Deegan	29
			09:42	09:42	0:20:23	10:41	0:29:59	09:36
30	Kilmarnock H & AC	0:30:04	Angus Cochrane	33	Craig Robertson	34	Gregory Leyden	30
			11:00	11:00	0:20:43	09:43	0:30:04	09:21
31	Ayr Seaforth	0:30:15	Blair Wilson	35	Thomas Andrews	33	Greg Templeton	31
			11:07	11:07	0:20:41	09:34	0:30:15	09:34
32	Giffnock North AAC	0:30:29	Fraser Rathey	35	James Gray	37	Jamie McAldine	32
			11:07	11:07	0:21:07	10:00	0:30:29	09:22
33	Kilmarnock H & AC	0:30:31	Fergus Morris	20	Roy Shankland	35	David Meikle	33
			10:14	10:14	0:20:59	10:45	0:30:31	09:32
34	East Kilbride AC	0:30:34	James Pearson	29	Andrew Shaw	32	David MacMillan	34
			10:33	10:33	0:20:40	10:07	0:30:34	09:54
35	Kilmarnock H & AC	0:30:52	Luke McGill	25	Gregor Devoy	38	Ross Connolly	35
			10:23	10:23	0:21:34	11:11	0:30:52	09:18
36	Ron Hill Cambuslang	0:31:08	Colin Blyth	34	Liam Deeny	27	Chris Gebbie	36
			11:05	11:05	0:20:21	09:16	0:31:08	10:47
37	Inverclyde AC	0:31:18	Michael Mullholland	43	Kyle McCabe	41	Stefan McLean-Torel	37
			11:43	11:43	0:22:12	10:29	0:31:18	09:06
38	Irvine AC	0:31:22	#N/A	#N/A	#N/A	#N/A	0:31:22	31:22
			#N/A	#N/A	#N/A	#N/A	0:31:22	31:22
39	Calderglen Harriers	0:32:09	Ian Rae	40	Mark Thomson	42	Ewan Murray	39
			11:21	11:21	0:22:18	10:57	0:32:09	09:51
40	Kirkintilloch Oly	0:32:40	John McCall	45	Kieran Pugh	44	Callum Pettigrew	40
			11:45	11:45	0:22:33	10:48	0:32:40	10:07
41	Ayr Seaforth	0:32:47	Ben Steven	48	Adam Paul Steven	43	Jonathan Dunn	41
			12:29	12:29	0:22:30	10:01	0:32:47	10:17
42	Shettleston H	0:33:15	Brian McLean	49	Ryan Taylor	48	Jamie Holding	42
			13:54	13:54	0:24:45	10:51	0:33:15	08:30

Scottish Athletics West District Cross Country Relay Champs

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Race 2 Young Males

Rank	Runner	Club	Cat	Time
1	Matthew Graham	Kirkintilloch Oly	U17	07:58
2	Callum Hawkins	Kilbarchan AAC	U17	08:11
3	David Vernon	Nithsdale	U15	08:20
4	Matthew Ritchie	Giffnock North AAC	U17	08:20
5	Lachlan Oates	Shettleston H	U17	08:27
6	Alex Oliver	Ayr Seaforth	U17	08:28
7	Jamie Holding	Shettleston H	U17	08:30
8	Max Ralston	VP-Glasgow AC	U17	08:32
9	Craig Wellcoat	Law & District	U15	08:32
10	Jack Hamilton	Ron Hill Cambuslang	U15	08:33
10	Andrew Dearie	Shettleston H	U15	08:33
12	Grant Muir	Giffnock North AAC	U15	08:34
13	Kyle McLellan	Nithsdale	U17	08:39
14	Gary McBride	Shettleston H	U17	08:42
15	Andrew Coulter	Ron Hill Cambuslang	U17	08:44
16	Stewart Orr	Ron Hill Cambuslang	U15	08:45
17	Andrew Rae	Ayr Seaforth	U15	08:45
18	Andrew Campbell	Inverclyde AC	U17	08:45
19	Connor Henderson	Kilbarchan AAC	U15	08:47
20	Stuart Miller	Kilbarchan AAC	U17	08:49
21	David Gorman	East Kilbride AC	U17	08:49
22	John Fergusson	East Kilbride AC	U17	08:51
23	Max Lott	Giffnock North AAC	U15	08:51
24	Corin Gallagher	Ron Hill Cambuslang	U17	08:52
25	Greg Turner	Giffnock North AAC	U17	08:54
25	Stuart Jamieson	Whitemoss	U17	08:54
27	Finlay Rae	Ayr Seaforth	U13	08:57
28	Adam Gatens	East Kilbride AC	U15	08:57
28	Stuart Ross	VP-Glasgow AC	U17	08:57
30	Sandy Nimmo	Giffnock North AAC	U15	08:58
31	Kevin Harvey	East Kilbride AC	U17	08:58
32	Thomas McDonald	Kilbarchan AAC	U15	09:00
33	Ross MacDonald	Law & District	U17	09:01
34	Ewan McCallum	Giffnock North AAC	U17	09:02
35	Max Aitchison	VP-Glasgow AC	U13	09:02
36	Michael Rankin	Ron Hill Cambuslang	U15	09:04
37	Stefan McLean-Toremar	Inverclyde AC	U17	09:06
38	Alistair McCallum	Giffnock North AAC	U15	09:08
39	Craig Nelson	Ron Hill Cambuslang	U17	09:09
40	Jonathan Velu	Law & District	U15	09:09
41	Peter Bowman	Clydesdale Harriers	U15	09:10
42	James Wales	Kilmarnock H & AC	U17	09:11
43	Adam Drummond	Shettleston H	U15	09:12
44	Calum MacLeod	Kilbarchan AAC	U15	09:13
45	Liam Deeny	Ron Hill Cambuslang	U15	09:16
46	Ross Connolly	Kilmarnock H & AC	U17	09:18

Scottish Athletics West District Cross Country Relay Champs

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Race 2 Young Males

47	Ross Hill	Law & District	U13	09:19
47	Paul Brooks	East Kilbride AC	U15	09:19
49	Gregory Leyden	Kilmarnock H & AC	U17	09:21
50	Jamie McAldine	Giffnock North AAC	U17	09:22
50	Michael Gray	VP-Glasgow AC	U17	09:22
52	Russell Mountford	Kilbarchan AAC	U13	09:26
53	Euan Walker	Whitemoss	U15	09:28
54	Neil Gourley	Giffnock North AAC	U13	09:31
55	Alistair Barnes	Nithsdale	U13	09:32
56	David Meikle	Kilmarnock H & AC	U17	09:32
57	Craig McIntyre	Kirkintilloch Oly	U15	09:33
58	Thomas Andrews	Ayr Seaforth	U15	09:34
58	Greg Templeton	Ayr Seaforth	U17	09:34
60	Thomas Lafferty	Law & District	U15	09:34
61	Grant Beattie	Kilmarnock H & AC	U15	09:36
62	Matthew Deegan	Inverclyde AC	U17	09:36
63	Kian Douglas	Irvine AC	U13	09:36
64	Lyle Frank	Giffnock North AAC	U17	09:40
65	Callum Drummond	Shettleston H	U13	09:40
66	Jack Rice	Inverclyde AC	U13	09:42
67	Jack Lochlans	Kilbarchan AAC	U15	09:42
68	Craig Robertson	Kilmarnock H & AC	U15	09:43
69	Samuel Adams	VP-Glasgow AC	U13	09:43
70	Drew Gorol	East Kilbride AC	U13	09:45
70	Ryan Harkin	Ron Hill Cambuslang	U15	09:45
72	Michael Houston	Inverclyde AC	U13	09:47
73	John Robertson	Whitemoss	U17	09:47
74	Simon Urie	Kilbarchan AAC	U15	09:48
75	Ewan Murray	Calderglen Harriers	U15	09:51
76	Paul Currie	Inverclyde AC	U15	09:51
77	Ross McCord	Whitemoss	U15	09:51
78	Scott Hernon	East Kilbride AC	U13	09:53
78	Ryan Thomson	Ron Hill Cambuslang	U13	09:53
80	Andrew Quinn	Kilbarchan AAC	U15	09:54
80	Paul MacFarlane	VP-Glasgow AC	U15	09:54
80	David MacMillan	East Kilbride AC	U15	09:54
83	Scott Molloy	Kirkintilloch Oly	U13	09:55
84	Hugh Mackenzie	VP-Glasgow AC	U15	09:56
85	Fraser Jamieson	East Kilbride AC	U15	09:56
86	Ruaridh Gibson	Shettleston H	U13	09:58
87	Scott Lawrie	Law & District	U15	10:00
87	James Gray	Giffnock North AAC	U15	10:00
89	Adam Paul Steven	Ayr Seaforth	U15	10:01
90	Nicholas Philips	Whitemoss	U13	10:02
91	Findlay Parker	VP-Glasgow AC	U13	10:03
92	Ryan Nelson	Clydesdale Harriers	U17	10:06
93	Callum Pettigrew	Kirkintilloch Oly	U17	10:07
94	Andrew Shaw	East Kilbride AC	U15	10:07

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 2 Young Males

95	Fergus Morris	Kilmarnock H & AC	U13	10:14
96	Jonathan Dunn	Ayr Seaforth	U17	10:17
97	Lewis Wilson	VP-Glasgow AC	U15	10:17
98	Gary Williamson	Giffnock North AAC	U13	10:19
98	Paul Brown	Kilbarchan AAC	U13	10:19
98	Andrew Campbell	Kilbarchan AAC	U13	10:19
101	Evan Cornforth	Kilmarnock H & AC	U13	10:22
102	Luke McGill	Kilmarnock H & AC	U13	10:23
103	Dean McMurrin	Ron Hill Cambuslang	U13	10:25
104	Chris Bonnar	Giffnock North AAC	U13	10:27
105	Kyle McCabe	Inverclyde AC	U15	10:29
106	Fraser Moxey	East Kilbride AC	U13	10:30
107	Scott Whiteside	Whitemoss	U15	10:32
108	Tony Dolan	Clydesdale Harriers	U13	10:33
108	James Pearson	East Kilbride AC	U13	10:33
110	Ross Stephen	Ron Hill Cambuslang	U13	10:41
111	Jack Bushfield	Inverclyde AC	U15	10:41
112	Matt Wild	Kilbarchan AAC	U13	10:44
113	Roy Shankland	Kilmarnock H & AC	U13	10:45
114	Chris Gebbie	Ron Hill Cambuslang	U15	10:47
115	Kieran Pugh	Kirkintilloch Oly	U13	10:48
116	Ryan Taylor	Shettleston H	U15	10:51
117	Mark Thomson	Calderglen Harriers	U15	10:57
118	Angus Cochrane	Kilmarnock H & AC	U13	11:00
119	Colin Blyth	Ron Hill Cambuslang	U13	11:05
120	Blair Wilson	Ayr Seaforth	U13	11:07
120	Fraser Rathey	Giffnock North AAC	U13	11:07
122	David Tolland	Giffnock North AAC	U13	11:09
123	John McCall	Kilbarchan AAC	U13	11:11
124	Gregor Devoy	Kilmarnock H & AC	U15	11:11
125	Ryan White	Kilmarnock H & AC	U13	11:13
126	Ian Rae	Calderglen Harriers	U13	11:21
126	Calum Firth	Giffnock North AAC	U13	11:21
128	Daniel Steele	Kilmarnock H & AC	U13	11:35
129	Cory O'Hara	Kilmarnock H & AC	U13	11:41
130	Fraser O'Rourke	Giffnock North AAC	U13	11:43
130	Michael Mullholland	Inverclyde AC	U13	11:43
132	John McCall	Kirkintilloch Oly	U13	11:45
133	Jack Blair	Calderglen Harriers	U13	11:50
134	Matthew McKenna	Ron Hill Cambuslang	U13	12:17
135	Calum McAughtrie	Kilmarnock H & AC	U15	12:25
136	Ben Steven	Ayr Seaforth	U13	12:29
137	Ryan Janson	Irvine AC	U15	12:57
138	Brian McLean	Shettleston H	U13	13:54
139		Irvine AC		31:22

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

Team No	Club	Team Time	Leg 1		Leg 2		Leg 3	
1	Kilbarchan AAC	0:43:14	Kerry Lang	1	Leanne Hamilton	1	Elspeth Curran	1
			13:49	13:49	0:28:51	15:02	0:43:14	14:23
2	Springburn	0:43:40	Danielle Brown	2	Clare Gemmell	2	Lesley Chisholm	2
			14:13	14:13	0:29:12	14:59	0:43:40	14:28
3	VP-Glasgow AC	0:44:53	Rebecca Finch	7	Claire McCracken	5	Susan Finch	3
			15:00	15:00	0:30:14	15:14	0:44:53	14:39
4	Giffnock North AAC	0:45:38	Lauren Taylor	9	Laura Baird	3	Doleen Galbraith	4
			15:14	15:14	0:29:35	14:21	0:45:38	16:03
5	Kilbarchan AAC	0:47:28	Cara Sloss	8	Christina Rankin	7	Lynsey Curran	5
			15:06	15:06	0:30:43	15:37	0:47:28	16:45
6	Garscube Harriers	0:47:50	Carole Gilmour	10	Marion Kelly	8	Alison Winship	6
			15:45	15:45	0:32:37	16:52	0:47:50	15:13
7	Springburn	0:49:15	Frances Florence	6	Michelle Sandison	4	Caroline Brownlie	7
			14:42	14:42	0:29:40	14:58	0:49:15	19:35
8	Kilmarnock H & AC	0:49:45	Kara Tait	14	Colleen Tait	9	Emma Mackie	8
			16:14	16:14	0:33:38	17:24	0:49:45	16:07
9	Kirkintilloch Oly	0:52:12	Anmarie McCaffrey	12	Shirley MacNab	14	Ada Stewart	9
			16:08	16:08	0:35:10	19:02	0:52:12	17:02
10	Bellahouston RR	0:52:43	Madeline Brammer	20	Sarah Dowling	11	Julia Harris	10
			17:53	17:53	0:34:20	16:27	0:52:43	18:23
11	Kilbarchan AAC	0:52:53	Fiona McIntyre	11	Hannah Waugh	13	Kate O'Brien	11
			15:51	15:51	0:34:30	18:39	0:52:53	18:23
12	Bellahouston RR	0:54:01	Lynsey Munro	18	Jackie O'Grady	16	Louise Tarbet	12
			17:46	17:46	0:36:00	18:14	0:54:01	18:01
13	Kilmarnock H & AC	0:54:07	Paula Wilson	16	Avryl Cornforth	10	Marion Burns	13
			16:42	16:42	0:34:10	17:28	0:54:07	19:57
14	Kilmarnock H & AC	0:58:14	Janet Murray	19	Laura Carruthers	17	Laura Cairns	14
			17:48	17:48	0:39:07	21:19	0:58:14	19:07
15	Westerlands CC Club	0:62:26	Helen MacPherson	21	Ellen Homewood	18	Pauline McAdam	15
			20:07	20:07	0:43:12	23:05	0:62:26	19:14

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

Rank	Club	1st Runner	Cat	Time
1	Kilbarchan AAC	Kerry Lang	SEN	13:49
2	Springburn	Danielle Brown	U20	14:13
2	VP-Glasgow AC	Nicola Hood	U20	14:13
4	Giffnock North AAC	Laura Baird	U20	14:21
5	Kilbarchan AAC	Elsbeth Curran	U20	14:23
6	Springburn	Lesley Chisholm	SEN	14:28
7	Strathclyde University	Fiona Gentles	SEN	14:36
8	Inverclyde AC	Rhona Bushfield	VET	14:38
9	VP-Glasgow AC	Susan Finch	VET	14:39
10	Springburn	Frances Florence	VET	14:42
11	Springburn	Michelle Sandison	SEN	14:58
12	Springburn	Clare Gemmell	VET	14:59
13	VP-Glasgow AC	Rebecca Finch	U20	15:00
14	Kilbarchan AAC	Leanne Hamilton	SEN	15:02
15	Kilbarchan AAC	Cara Sloss	SEN	15:06
16	Garscube Harriers	Alison Winship	VET	15:13
17	Giffnock North AAC	Lauren Taylor	U20	15:14
18	VP-Glasgow AC	Claire McCracken	SEN	15:14
19	Kilbarchan AAC	Christina Rankin	U20	15:37
20	Garscube Harriers	Carole Gilmour	SEN	15:45
21	Kilbarchan AAC	Fiona McIntyre	SEN	15:51
22	Giffnock North AAC	Doleen Galbraith	VET	16:03
23	Kilmarnock H & AC	Emma Mackie	SEN	16:07
24	Kirkintilloch Oly	Annmarie McCaffrey	VET	16:08
25	East Kilbride AC	Kelly Smith	SEN	16:10
26	Kilmarnock H & AC	Kara Tait	U20	16:14
27	VP-Glasgow AC	Donna Finlayson	SEN	16:21
28	Irvine AC	Helen Morton	VET	16:23
29	Bellahouston RR	Sarah Dowling	VET	16:27
30	Kilmarnock H & AC	Paula Wilson	VET	16:42
31	Kilbarchan AAC	Lynsey Curran	SEN	16:45
32	Garscube Harriers	Marion Kelly	SEN	16:52
33	Kirkintilloch Oly	Ada Stewart	VET	17:02
34	Garscube Harriers	Alison McCarn	SEN	17:03
35	Garscube Harriers	Kathryn Ellis	SEN	17:20
36	Kilmarnock H & AC	Colleen Tait	U20	17:24
37	Kilmarnock H & AC	Avryl Cornforth	VET	17:28
38	Bellahouston RR	Lynsey Munro	SEN	17:46
39	Kilmarnock H & AC	Janet Murray	VET	17:48
40	Bellahouston RR	Madeline Brammer	VET	17:53
41	Bellahouston RR	Louise Tarbet	SEN	18:01
42	Bellahouston RR	Jackie O'Grady	VET	18:14
43	Bellahouston RR	Julia Harris	VET	18:23
43	Kilbarchan AAC	Kate O'Brien	VET	18:23
45	Kilbarchan AAC	Hannah Waugh	SEN	18:39
46	Kirkintilloch Oly	Shirley MacNab	VET	19:02
47	Kilmarnock H & AC	Laura Cairns	SEN	19:07
48	Westerlands CC Club	Pauline McAdam	VET	19:14
49	Irvine AC	Mary Miller	VET	19:23

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 3 Junior Senior Women

50	Springburn	Caroline Brownlie	SEN	19:35
51	Kilmarnock H & AC	Marion Burns	VET	19:57
52	Westerlands CC Club	Helen MacPherson	VET	20:07
53	Kilmarnock H & AC	Laura Carruthers	VET	21:19
54	Westerlands CC Club	Ellen Homewood	SEN	23:05

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

Team Pk	Club	Team Time	Leg 1		Leg 2		Leg 3		Leg 4	
1	Inverclyde AC	0:47:35	Graeme Hyett	3	Chris Mackay	1	Craig Ruddy	1	Mark Pollard	1
			12:16	12:16	0:23:59	11:43	0:35:48	11:49	0:47:35	11:47
2	Shettleston H	0:48:02	Andy Little	1	Allan Adams	3	Martin Graham	2	Paul Sorrie	2
			12:01	12:01	0:24:10	12:09	0:36:10	12:00	0:48:02	11:52
3	Kilbarchan AAC	0:48:24	Paul Arcari	2	Robert Quinn	2	Thomas Hearle	3	Conor McNulty	3
			12:02	12:02	0:24:03	12:01	0:36:25	12:22	0:48:24	11:59
4	Ron Hill Cambuslang	0:49:25	Charles Thomson	4	Jamie Reid	4	Joseph Kealey	4	Robert Gilroy	4
			12:18	12:18	0:24:46	12:28	0:37:16	12:30	0:49:25	12:09
5	Kilbarchan AAC	0:50:08	Grant Higgins	7	Scott Hawkins	5	Paul Leck	5	Calum Morrison	5
			12:38	12:38	0:24:54	12:16	0:37:30	12:36	0:50:08	12:38
6	Inverclyde AC	0:51:48	Sean Gaffney	11	Stephen Cooke	13	Robert Gray	6	Gerard Gaffney	6
			12:54	12:54	0:26:09	13:15	0:38:17	12:08	0:51:48	13:31
7	Kilbarchan AAC	0:52:20	Fraser Williams	5	James Snodgrass	8	John McMillan	7	Stephen McGoldrick	7
			12:28	12:28	0:25:29	13:01	0:38:45	13:16	0:52:20	13:35
8	Shettleston H	0:52:29	Stuart Greenway	10	Gordon Phillips	10	William Coyle	8	Marc McColl	8
			12:50	12:50	0:25:55	13:05	0:39:06	13:11	0:52:29	13:23
9	Bellahouston RR	0:53:05	Kenneth Richmond	14	Marcos Sanz Gomez	14	Liam Conway	10	Nick Reid	9
			12:56	12:56	0:26:20	13:24	0:39:45	13:25	0:53:05	13:20
10	Ron Hill Cambuslang	0:53:06	Greig Hastie	6	Jamie Findlay	7	Michael O'Hagan	12	Lukasz Grabinski	10
			12:37	12:37	0:25:24	12:47	0:39:59	14:35	0:53:06	13:07
11	Kilmarnock H & AC	0:53:12	Iain Connell	9	Roger Naughton	11	Andrew McGhee	11	Cameron Wilson	11
			12:49	12:49	0:25:57	13:08	0:39:52	13:55	0:53:12	13:20
12	East Kilbride AC	0:53:56	David J. Condra	22	J.Clements	18	William Taylor	18	Stephen Matthews	12
			13:51	13:51	0:27:05	13:14	0:41:18	14:13	0:53:56	12:38
13	VP-Glasgow AC	0:54:08	Derek Watson Snr.	21	Derek Gibb	18	Martin Hayes	13	Gerard Craig	13
			13:46	13:46	0:27:05	13:19	0:40:16	13:11	0:54:08	13:52
14	Garscube Harriers	0:54:18	Ewan Mackay	19	Alastair Morrison	9	Andrew Leck	9	Robert McLennan	14
			13:38	13:38	0:25:46	12:08	0:39:43	13:57	0:54:18	14:35
15	Greenock Glenpark H	0:54:37	Stephen McLoone	13	Graham Kane	17	Daniel McLaughlin	17	Andrew McCall	15
			12:55	12:55	0:26:55	14:00	0:41:15	14:20	0:54:37	13:22
16	Springburn	0:54:49	Damian McAuly	18	Andrew Callan	20	John Bell	14	Alan Hill	16
			13:29	13:29	0:27:24	13:55	0:40:35	13:11	0:54:49	14:14
17	Giffnock North AAC	0:55:42	Neil Deerey	16	Norman Galbraith	15	David McNab	15	Derek Breen	17
			13:09	13:09	0:26:45	13:36	0:40:48	14:03	0:55:42	14:54
18	Caldergleng Harriers	0:56:13	Blair Matthew	11	Stuart Gibson	12	Alan Cullie	20	Eddie Reid	18
			12:54	12:54	0:25:59	13:05	0:41:54	15:55	0:56:13	14:19
19	Irvine AC	0:56:26	Ian Berryman	26	Colin Miller	21	William Morgan	19	James Sneddon	19
			14:13	14:13	0:27:47	13:34	0:41:37	13:50	0:56:26	14:49
20	Clydesdale Harriers	0:57:42	Paul Carroll	23	Peter Halpin	25	Iain Robertson	22	John McArthur	20
			13:56	13:56	0:28:32	14:36	0:43:26	14:54	0:57:42	14:16
21	Inverclyde AC	0:58:26	Jude Boulton	29	Thomas Jamieson	22	Gavin Morrison	21	Kenny Morrison	21
			14:26	14:26	0:28:04	13:38	0:42:37	14:33	0:58:26	15:49
22	Kilbarchan AAC	0:59:13	Donald Petrie	20	Steven Hards	24	Robert Allison	23	Andrew Clugston	22
			13:40	13:40	0:28:19	14:39	0:43:54	15:35	0:59:13	15:19
23	Caldergleng Harriers	0:59:35	Kenneth Davidson	27	Paul White	27	Gerard Mullen	24	Jim Holmes	23
			14:15	14:15	0:28:45	14:30	0:44:04	15:19	0:59:35	15:31
24	Giffnock North AAC	0:59:43	Julian Rose	33	George Taylor	23	Mark Hollinshead	25	Gerry McNamee	24
			14:35	14:35	0:28:17	13:42	0:44:11	15:54	0:59:43	15:32
25	Kilmarnock H & AC	0:59:50	Steven McNeill	17	Ronnie Dalziel	26	Graham Cairns	26	Connell Drummond	25
			13:20	13:20	0:28:44	15:24	0:44:17	15:33	0:59:50	15:33
26	Bellahouston RR	0:60:20	Russell Whittington	28	Greig Glendinning		Ian Goudie		Craig Ross	26
			14:23	14:23	0:31:47	17:24	0:46:26	14:39	0:60:20	13:54
27	Greenock Glenpark H	0:62:33	Alan O'Rourke	38	Michael McLoone Jnr	33	Thomas Knight	30	James Sheridan	27
			15:30	15:30	0:30:58	15:28	0:46:39	15:41	0:62:33	15:54
28	East Kilbride AC	0:63:02	Graeme Haddow	31	N.Walker	28	Edgar Ramage	31	Michael Browne	28
			14:32	14:32	0:29:37	15:05	0:47:00	17:23	0:63:02	16:02
29	Kirkintilloch Oly	0:64:00	Kenny Grant	43	Edward McLoone	30	Peter Ramsay	27	Gordon McLean	29
			16:22	16:22	0:30:25	14:03	0:45:39	15:14	0:64:00	18:21

Scottish Athletics West District Cross Country Relay Champs

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Race 4 Junior Senior Males

30	Troon Tortoises	0:64:41	Ian McNee	42	George McGregor	41	Timothy Downie	35	Charles Martin	30
			15:47	15:47	0:32:12	16:25	0:48:30	16:18	0:64:41	16:11
31	Inverclyde AC	0:66:16	Paul Bushfield	41	Robert Shaw	36	George Hegarty	36	Tom Tracey	31
			15:43	15:43	0:31:30	15:47	0:48:54	17:24	0:66:16	17:22
32	Calderglen Harriers	0:67:00	Ian Rae	39	Andrew Henderson	40	Colin Macdonald	16	David Herbertson	32
			15:35	15:35	0:31:52	16:17	0:41:02	09:10	0:67:00	25:58
33	Clydesdale Harriers	0:67:29	Robert Young	37	Brian J Campbell	34	Bobby Rossborough	37	Peter Rudzinski	33
			15:26	15:26	0:31:11	15:45	0:50:01	18:50	0:67:29	17:28
34	Kilbarchan AAC	0:67:30	Stephen Ogilvie	45	James McMillan	44	Jason Pender	38	Robert Connell	34
			17:29	17:29	0:33:55	16:26	0:51:13	17:18	0:67:30	16:17
35	Irvine AC	0:68:09	James White	35	Jim Stevenson	29	David Kerr	39	Andrew Rennie	35
			15:10	15:10	0:29:59	14:49	0:52:01	22:02	0:68:09	16:08

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

Rank	Runner	Club	Cat	Time
1	Chris Mackay	Inverclyde AC	SEN	11:43
2	Mark Pollard	Inverclyde AC	SEN	11:47
3	David Millar	Irvine AC	VET	11:48
4	Craig Ruddy	Inverclyde AC	U20	11:49
5	Paul Sorrie	Shettleston H	SEN	11:52
6	Conor McNulty	Kilbarchan AAC	U20	11:59
7	Martin Graham	Shettleston H	SEN	12:00
8	Robert Quinn	Kilbarchan AAC	VET	12:01
9	Andy Little	Shettleston H	VET	12:01
10	Paul Arcari	Kilbarchan AAC	SEN	12:02
11	Alastair Morrison	Garscube Harriers	SEN	12:08
12	Robert Gray	Inverclyde AC	SEN	12:08
13	Allan Adams	Shettleston H	SEN	12:09
13	Robert Gilroy	Ron Hill Cambuslang	SEN	12:09
15	Graeme Hyett	Inverclyde AC	SEN	12:16
15	Scott Hawkins	Kilbarchan AAC	U20	12:16
17	Charles Thomson	Ron Hill Cambuslang	VET	12:18
18	Thomas Hearle	Kilbarchan AAC	VET	12:22
19	Jamie Reid	Ron Hill Cambuslang	SEN	12:28
20	Fraser Williams	Kilbarchan AAC	U20	12:28
21	Joseph Kealey	Ron Hill Cambuslang	SEN	12:30
22	Paul Leck	Kilbarchan AAC	U20	12:36
23	Greig Hastie	Ron Hill Cambuslang	SEN	12:37
24	Calum Morrison	Kilbarchan AAC	SEN	12:38
25	Grant Higgins	Kilbarchan AAC	U20	12:38
26	Stephen Matthews	East Kilbride AC	SEN	12:38
27	Peter Carton	Shettleston H	VET	12:46
28	Jamie Findlay	Ron Hill Cambuslang	SEN	12:47
29	Iain Connell	Kilmarnock H & AC	VET	12:49
30	Stuart Greenway	Shettleston H	U20	12:50
31	Blair Matthew	Calderglen Harriers	SEN	12:54
31	Sean Gaffney	Inverclyde AC	U20	12:54
33	Stephen McLoone	Greenock Glenpark H	VET	12:55
34	Kenneth Richmond	Bellahouston RR	VET	12:56
35	James Snodgrass	Kilbarchan AAC	VET	13:01
36	Gordon Phillips	Shettleston H	SEN	13:05
37	Stuart Gibson	Calderglen Harriers	SEN	13:05
38	Lukasz Grabinski	Ron Hill Cambuslang	SEN	13:07
39	William Richardson	Irvine AC	VET	13:07
40	Roger Naughton	Kilmarnock H & AC	U20	13:08
41	Neil Deerey	Giffnock North AAC	VET	13:09
42	William Coyle	Shettleston H	VET	13:11
42	John Bell	Springburn	VET	13:11
42	Martin Hayes	VP-Glasgow AC	U20	13:11
45	J.Clements	East Kilbride AC	U20	13:14
46	Stephen Cooke	Inverclyde AC	U20	13:15
47	John McMillan	Kilbarchan AAC	VET	13:16
48	Derek Gibb	VP-Glasgow AC	SEN	13:19
49	Cameron Wilson	Kilmarnock H & AC	U20	13:20
50	Steven McNeill	Kilmarnock H & AC	SEN	13:20
51	Nick Reid	Bellahouston RR	SEN	13:20
52	Andrew McCall	Greenock Glenpark H	SEN	13:22
53	Marc McColl	Shettleston H	SEN	13:23
54	Marcos Sanz Gomez	Bellahouston RR	SEN	13:24
55	Liam Conway	Bellahouston RR	VET	13:25
56	Damian McAuly	Springburn	00:00	13:29
57	Gerard Gaffney	Inverclyde AC	VET	13:31
58	Colin Miller	Irvine AC	VET	13:34

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Race 4 Junior Senior Males

59	Stephen McGoldrick	Kilbarchan AAC	U20	13:35
60	Norman Galbraith	Giffnock North AAC	SEN	13:36
61	Ewan Mackay	Garscube Harriers	VET	13:38
62	Thomas Jamieson	Inverclyde AC	SEN	13:38
63	Donald Petrie	Kilbarchan AAC	VET	13:40
64	George Taylor	Giffnock North AAC	VET	13:42
65	Derek Watson Snr.	VP-Glasgow AC	VET	13:46
66	William Morgan	Irvine AC	U20	13:50
67	David J. Condra	East Kilbride AC	VET	13:51
68	Gerard Craig	VP-Glasgow AC	VET	13:52
69	Craig Ross	Bellahouston RR	SEN	13:54
70	Andrew Callan	Springburn	SEN	13:55
71	Andrew McGhee	Kilmarnock H & AC	SEN	13:55
72	Paul Carroll	Clydesdale Harriers	VET	13:56
73	Andrew Leck	Garscube Harriers	VET	13:57
74	Graham Kane	Greenock Glenpark H	VET	14:00
75	Peter Carton	Shettleston H	VET	14:01
76	David McNab	Giffnock North AAC	VET	14:03
77	Edward McLoone	Kirkintilloch Oly	SEN	14:03
78	Scott Hunter	Ron Hill Cambuslang	SEN	14:07
79	Ken Mitchell	VP-Glasgow AC	VET	14:12
80	William Taylor	East Kilbride AC	VET	14:13
81	Ian Berryman	Irvine AC	VET	14:13
82	Alan Hill	Springburn	VET	14:14
83	Kenneth Davidson	Calderglen Harriers	VET	14:15
84	John McArthur	Clydesdale Harriers	VET	14:16
85	Eddie Reid	Calderglen Harriers	VET	14:19
86	Daniel McLaughlin	Greenock Glenpark H	VET	14:20
87	Russell Whittington	Bellahouston RR	VET	14:23
88	Jude Boulton	Inverclyde AC	SEN	14:26
89	Ian Baird	Ayr Seaforth	VET	14:30
90	Paul White	Calderglen Harriers	SEN	14:30
91	Graeme Haddow	East Kilbride AC	VET	14:32
91	Allan Mackie	Springburn	00:00	14:32
93	Gavin Morrison	Inverclyde AC	VET	14:33
94	Robert McLennan	Garscube Harriers	VET	14:35
95	Julian Rose	Giffnock North AAC	VET	14:35

Scottish Athletics West District Cross Country Relay Champs

Beach Park Irvine Saturday 13th October 2007

Race 4 Junior Senior Males

Rank	Runner	Club	Cat	Time
96	Michael O'Hagan	Ron Hill Cambuslang	VET	14:35
97	Peter Halpin	Clydesdale Harriers	VET	14:36
98	Ian Goudie	Bellahouston RR	VET	14:39
99	Steven Hards	Kilbarchan AAC	VET	14:39
100	James Sneddon	Irvine AC	VET	14:49
101	Jim Stevenson	Irvine AC	VET	14:49
102	Iain Robertson	Clydesdale Harriers	SEN	14:54
103	Daniel Reid	Westerlands CC Club	VET	14:54
104	Derek Breen	Giffnock North AAC	VET	14:54
105	N.Walker	East Kilbride AC	U20	15:05
106	James White	Irvine AC	VET	15:10
107	Peter Ramsay	Kirkintilloch Oly	VET	15:14
108	James Taylor	Garscube Harriers	VET	15:15
109	John McPake	Ron Hill Cambuslang	VET	15:18
110	Gerard Mullen	Calderglen Harriers	VET	15:19
110	Andrew Clugston	Kilbarchan AAC	SEN	15:19
112	Ronnie Dalziel	Kilmarnock H & AC	VET	15:24
113	Robert Young	Clydesdale Harriers	VET	15:26
114	Michael McLoone Jnr	Greenock Glenpark H	U20	15:28
115	Alan O'Rourke	Greenock Glenpark H	VET	15:30
116	Jim Holmes	Calderglen Harriers	VET	15:31
117	Gerry McNamee	Giffnock North AAC	VET	15:32
118	Brian Gallagher	Clydesdale Harriers	VET	15:32
119	Graham Cairns	Kilmarnock H & AC	VET	15:33
120	Connell Drummond	Kilmarnock H & AC	SEN	15:33
121	Ian Rae	Calderglen Harriers	VET	15:35
121	Robert Allison	Kilbarchan AAC	VET	15:35
123	Thomas Knight	Greenock Glenpark H	VET	15:41
124	Ian Thomson	Clydesdale Harriers	SEN	15:42
125	Paul Bushfield	Inverclyde AC	VET	15:43
126	Brian J Campbell	Clydesdale Harriers	VET	15:45
127	Ian McNee	Troon Tortoises	VET	15:47
128	Robert Shaw	Inverclyde AC	VET	15:47
129	Andrew Griffiths	Garscube Harriers	VET	15:48
130	Kenny Morrison	Inverclyde AC	VET	15:49
131	Mark Hollinshead	Giffnock North AAC	VET	15:54
131	James Sheridan	Greenock Glenpark H	VET	15:54
133	Alan Cullie	Calderglen Harriers	VET	15:55
134	Michael Browne	East Kilbride AC	VET	16:02
135	Andrew Rennie	Irvine AC	VET	16:08
136	Charles Martin	Troon Tortoises	VET	16:11
137	Andrew Henderson	Calderglen Harriers	VET	16:17
138	Robert Connell	Kilbarchan AAC	VET	16:17
139	Timothy Downie	Troon Tortoises	VET	16:18
140	Kenny Grant	Kirkintilloch Oly	SEN	16:22
141	George McGregor	Troon Tortoises	VET	16:25
142	James McMillan	Kilbarchan AAC	VET	16:26
143	Kenneth McVey	VP-Glasgow AC	VET	16:27
144	Alan Stewart	Giffnock North AAC	VET	16:27
145	Stephen Cullen	Garscube Harriers	VET	16:34
146	David Fairweather	Ron Hill Cambuslang	VET	16:47
147	Robert Daly	VP-Glasgow AC	VET	16:51
148	Michael Diver	Clydesdale Harriers	VET	17:07
149	Laurence Baker	Ayr Seaforth	VET	17:08
150	David Logan	Giffnock North AAC	VET	17:17
151	Jason Pender	Kilbarchan AAC	VET	17:18
152	Tom Tracey	Inverclyde AC	VET	17:22
153	Edgar Ramage	East Kilbride AC	VET	17:23

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154	George Hegarty	Inverclyde AC	VET	17:24
155	Greig Glendinning	Bellahouston RR	VET	17:24
156	Peter Rudzinski	Clydesdale Harriers	VET	17:28
157	Stephen Ogilvie	Kilbarchan AAC	VET	17:29
158	Graeme Orr	Westerlands CC Club	VET	18:09
159	Vincent Daly	Troon Tortoises	VET	18:15
160	Gordon McLean	Kirkintilloch Oly	VET	18:21
161	Russell Couper	Calderglen Harriers	VET	18:43
162	Bobby Rossborough	Clydesdale Harriers	VET	18:50
163	Colin Macdonald	Calderglen Harriers	VET	19:10
164	David Kerr	Irvine AC	VET	22:02
165	David Herbertson	Calderglen Harriers	VET	25:58