

## 2010 West District Cross Country Championships Irvine 16 January 2011

Pos	No	Name	Club	M/F	Cat	Time
1	1	Kirstin Oakley	Ayr Seaforth AAC		U-13	00:12:17
2	45	Emma Mitchell	Inverclyde AC		U-13	00:12:47
3	55	Katie Turnbull	Kilbarchan AAC		U-13	00:12:51
4	49	Laura Stark	Kilbarchan AAC		U-13	00:12:59
5	80	Niamh Brown	Ron Hill Cambuslang Harriers		U-13	00:13:08
6	52	Rebecca Louise Craig	Kilbarchan AAC		U-13	00:13:16
7	54	Jemma Reekie	Kilbarchan AAC		U-13	00:13:27
8	101	Emma Ferrie	VP-Glasgow AC		U-13	00:13:29
9	2	Lisa Rennie	Ayr Seaforth AAC		U-13	00:13:43
10	27	Rebecca Conroy	Giffnock North AAC		U-11	00:13:44
11	68	Pamela McNicol	Law & District AAC		U-13	00:13:50
12	51	Kerry McAngus	Kilbarchan AAC		U-13	00:13:57
13	62	Perri McCluskey	Kirkintilloch Olympians		U-13	00:13:59
14	83	Rachel Black	Ron Hill Cambuslang Harriers		U-13	00:13:59
15	58	Harris Ritchie	Kilmarnock H&AC		U-13	00:14:02
16	69	Emily McNicol	Law & District AAC		U-13	00:14:02
17	70	Reagan Binnie	Law & District AAC		U-13	00:14:02
18	43	Megan Robertson	Helensburgh AAC		U-13	00:14:12
19	31	Hannah Bartl	Glasgow School of Sport		U-13	00:14:16
20	81	Lauren Carey	Ron Hill Cambuslang Harriers		U-13	00:14:18
21	65	Victoria Robertson	Kirkintilloch Olympians		U-13	00:14:20
22	41	Morag Paterson	Helensburgh AAC		U-13	00:14:22
23	22	Rebecca Ballantyne	East Kilbride A.C.		U-13	00:14:25
24	26	Holly Still	Giffnock North AAC		U-13	00:14:25
25	23	Catriona Booth	Garscube Harriers		U-13	00:14:30
26	3	Christie Hutton	Ayr Seaforth AAC		U-13	00:14:31
27	37	Lauren Mulaghton	Greenock Glenpark Harriers		U-13	00:14:33
28	30	Abigail McInnes	Glasgow School of Sport		U-13	00:14:35
29	73	Claire Ross	Motherwell AC		U-13	00:14:37
30	63	Louise Campbell	Kirkintilloch Olympians		U-13	00:14:37
31	98	Gemma Craig	Stewartry AC		U-11	00:14:41
32	44	Olivia Gemmell	Inverclyde AC		U-13	00:14:49
33	1000	Amy Struthers	Shettleston Harriers		U-13	00:15:00
34	25	Eilidh Cook	Giffnock North AAC		U-13	00:15:02
35	16	Rachel Busby	Clydesdale Harriers		U-13	00:15:02
36	34	Charli Shand	Glasgow School of Sport		U-13	00:15:10
37	40	Melissa Robinson	Helensburgh AAC		U-13	00:15:11
38	103	Kirsty MacDonald	VP-Glasgow AC		U-13	00:15:21
39	97	Ellis Corrigan	Stewartry AC		U-13	00:15:39
40	102	Cara Thom	VP-Glasgow AC		U-13	00:15:44
41	17	Emma Balfour	Cumbernauld AAC		U-13	00:15:51
42	74	Kirsty Irwin	Motherwell AC		U-13	00:15:52
43	38	Danielle Hunter	Greenock Glenpark Harriers		U-13	00:16:18
44	71	Hannah Cussick	Law & District AAC		U-13	00:16:24
45	46	Jill McGachy	Inverclyde AC		U-13	00:16:26
46	19	Eilidh McCulloch	Cumbernauld AAC		U-13	00:16:30
47	59	Alanis Brydon	Kilmarnock H&AC		U-13	00:16:42
48	77	Halle Stewart	North Ayrshire AC		U-13	00:16:59
49	64	Anna Forbes	Kirkintilloch Olympians		U-13	00:16:59
50	100	Nicole C Waters	VP-Glasgow AC		U-13	00:17:16
51	21	Lucy Fairlie	East Kilbride A.C.		U-13	00:18:17
52	14	Rachel Campbell	Clydesdale Harriers		U-13	
53						
54						
55						

**2010 West District Cross Country Championships Irvine**  
**16 Januray 2011**

Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Kilbarchan AAC	Katie Turnbull	U-13	00:12:51	3
	Laura Stark	U-13	00:12:59	4
	Rebecca Louise Craig	U-13	00:13:16	6
Kilbarchan AAC Total				13
Ayr Seaforth AAC	Kirstin Oakley	U-13	00:12:17	1
	Lisa Rennie	U-13	00:13:43	9
	Christie Hutton	U-13	00:14:31	26
Ayr Seaforth AAC Total				36
Ron Hill Cambuslang Harriers	Niamh Brown	U-13	00:13:08	5
	Rachel Black	U-13	00:13:59	14
	Lauren Carey	U-13	00:14:18	20
Ron Hill Cambuslang Harriers Total				39
Law & District AAC	Pamela McNicol	U-13	00:13:50	11
	Emily McNicol	U-13	00:14:02	16
	Reagan Binnie	U-13	00:14:02	17
Law & District AAC Total				44
Kirkintilloch Olympians	Perri McCluskey	U-13	00:13:59	13
	Victoria Robertson	U-13	00:14:20	21
	Louise Campbell	U-13	00:14:37	30
Kirkintilloch Olympians Total				64
Giffnock North AAC	Rebecca Conroy	U-11	00:13:44	10
	Holly Still	U-13	00:14:25	24
	Eilidh Cook	U-13	00:15:02	34
Giffnock North AAC Total				68
Helensburgh AAC	Megan Robertson	U-13	00:14:12	18
	Morag Paterson	U-13	00:14:22	22
	Melissa Robinson	U-13	00:15:11	37
Helensburgh AAC Total				77
Inverclyde AC	Emma Mitchell	U-13	00:12:47	2
	Olivia Gemmell	U-13	00:14:49	32
	Jill McGachy	U-13	00:16:26	45
Inverclyde AC Total				79

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Glasgow School of Sport				
	Hannah Bartl	U-13	00:14:16	19
	Abigail McInnes	U-13	00:14:35	28
	Charli Shand	U-13	00:15:10	36
Glasgow School of Sport Total				83
VP-Glasgow AC				
	Emma Ferrie	U-13	00:13:29	8
	Kirsty MacDonald	U-13	00:15:21	38
	Cara Thom	U-13	00:15:44	40
VP-Glasgow AC Total				86

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No	Name	Club	M/F	Cat	Time
487	Euan Urquhart	VP-Glasgow AC		U-13	00:11:48
491	Scott McKay	VP-Glasgow AC		U-13	00:11:49
438	Ross Gray	Inverclyde AC		U-13	00:11:54
490	Jay Van den Hoven	VP-Glasgow AC		U-13	00:12:00
472	Iain Wilson	North Ayrshire AC		U-13	00:12:14
489	Jamie MacKinnon	VP-Glasgow AC		U-13	00:12:17
421	John McLaughlin	Giffnock North AAC		U-13	00:12:17
473	Sean Reilly	Ron Hill Cambuslang Harriers		U-13	00:12:38
413	Luke Kirwan	East Kilbride A.C.		U-13	00:12:42
455	Euan Trout	Kilbarchan AAC		U-13	00:12:53
432	Ross Forbes	Greenock Glenpark Harriers		U-13	00:12:58
445	Conor Thomson	Kilbarchan AAC		U-13	00:13:00
435	Steven Edmond	Greenock Glenpark Harriers		U-13	00:13:03
449	Owen Bannatyne	Kilbarchan AAC		U-13	00:13:08
1018	Jack McCabe	Kirkintilloch Olympians		U-13	00:13:09
423	Euan Brodie	Giffnock North AAC		U-13	00:13:17
426	Ross Gray	Giffnock North AAC		U-13	00:13:19
477	Callum Morton	Ron Hill Cambuslang Harriers		U-13	00:13:22
425	Stuart Thomson	Giffnock North AAC		U-13	00:13:23
492	Ewan Rae	VP-Glasgow AC		U-13	00:13:30
454	Ross Alexander	Kilbarchan AAC		U-13	00:13:34
1020	Ciaran Kelly	Law & District AAC		U-13	00:13:41
420	Ruairidh Garvie Russell	Garscube Harriers		U-13	00:13:44
480	Joseph Pryce	Ron Hill Cambuslang Harriers		U-13	00:13:57
463	Stuart Michie	Kirkintilloch Olympians		U-13	00:14:04
439	Matthew MacKinnon	Inverclyde AC		U-20	00:14:10
436	Lewis Serpell	Helensburgh AAC		U-13	00:14:18
403	Alistair Crawford	Calderglen Harriers		U-13	00:14:22
457	Reed Wyper	Kilmarnock H&AC		U-13	00:14:50
410	Colin Stewart	Calderglen Harriers		U-13	00:14:59
456	Rory Morris	Kilmarnock H&AC		U-13	00:15:13
414	Martin Lynas	East Kilbride A.C.		U-13	00:15:32
433	Michael O'Rourke	Greenock Glenpark Harriers		U-13	00:15:35
411	Lewis Hay	Clydesdale Harriers		U-13	00:15:56
437	Jacob Chown	Helensburgh AAC		U-13	00:16:55
405	Drew Gordon	Calderglen Harriers		U-13	00:17:00

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
VP-Glasgow AC	Euan Urquhart	U-13	00:11:48	1
	Scott McKay	U-13	00:11:49	2
	Jay Van den Hoven	U-13	00:12:00	4
	VP-Glasgow AC Total			
Kilbarchan AAC	Euan Trout	U-13	00:12:53	10
	Conor Thomson	U-13	00:13:00	12
	Owen Bannatyne	U-13	00:13:08	14
	Kilbarchan AAC Total			
Giffnock North AAC	John McLaughlin	U-13	00:12:17	7
	Euan Brodie	U-13	00:13:17	16
	Ross Gray	U-13	00:13:19	17
	Giffnock North AAC Total			
Ron Hill Cambuslang Harriers	Sean Reilly	U-13	00:12:38	8
	Callum Morton	U-13	00:13:22	18
	Joseph Pryce	U-13	00:13:57	24
	Ron Hill Cambuslang Harriers Total			
Greenock Glenpark Harriers	Ross Forbes	U-13	00:12:58	11
	Steven Edmond	U-13	00:13:03	13
	Michael O'Rourke	U-13	00:15:35	33
	Greenock Glenpark Harriers Total			
Calderglen Harriers	Alistair Crawford	U-13	00:14:22	28
	Colin Stewart	U-13	00:14:59	30
	Drew Gordon	U-13	00:17:00	36
	Calderglen Harriers Total			

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Pos	No	Name	Club	M/F	Cat	Time
1	245	Joanna Muir	Stewartry AC		U-17	00:17:38
2	233	Katie Bristow	Ron Hill Cambuslang Harriers		U-17	00:17:49
3	127	Chloe Cowan	Giffnock North AAC		U-15	00:17:58
4	145	Gwen Gillham	Kilbarchan AAC		U-15	00:18:09
5	185	Paige Dickson	VP-Glasgow AC		U-15	00:18:18
6	120	Catriona Graves	Garscube Harriers		U-15	00:18:34
7	166	Sarah Davies	North Ayrshire AC		U-15	00:18:42
8	173	Eve MacKinnon	Ron Hill Cambuslang Harriers		U-15	00:18:48
9	159	Emma Canning	Kirkintilloch Olympians		U-15	00:18:52
10	240	Stella Winters	Shettleston Harriers		U-17	00:18:58
11	1002	Emily Munn	Unattached		U-17	00:18:58
12	187	Melanie Chiswell	VP-Glasgow AC		U-15	00:19:00
13	234	Mairi Brown	Ron Hill Cambuslang Harriers		U-17	00:19:00
14	249	Maria Milliken	VP-Glasgow AC		U-17	00:19:02
15	134	Brogan Wallace	Glasgow School of Sport		U-15	00:19:05
16	227	Amanda Humes	Kilmarnock H&AC		U-17	00:19:08
17	235	Lucy Deeny	Ron Hill Cambuslang Harriers		U-17	00:19:08
18	224	Elaine Eadie	Kilbarchan AAC		U-17	00:19:16
19	206	Cliona Ferguson	Cumbernauld AAC		U-17	00:19:20
20	170	Rebecca Bonomi	Ron Hill Cambuslang Harriers		U-15	00:19:30
21	115	Roisin McShea	Clydesdale Harriers		U-15	00:19:33
22	183	Lauren Craig	Stewartry AC		U-15	00:19:33
23	124	Selena Jackson	Giffnock North AAC		U-15	00:19:36
24	228	Eve Kerr	Kilmarnock H&AC		U-17	00:19:37
25	248	Amy MacLellan	VP-Glasgow AC		U-17	00:19:44
26	189	Anya Morrison	VP-Glasgow AC		U-15	00:19:50
27	201	Sarah Cassells	Ayr Seaforth AAC		U-17	00:19:52
28	150	Kirsty Harper	Kilbarchan AAC		U-15	00:19:55
29	244	Katy Brown	Stewartry AC		U-17	00:20:00
30	162	Sherelle Graham	Law & District AAC		U-15	00:20:10
31	229	Bethany Ross	Kilmarnock H&AC		U-17	00:20:20
32	111	Louisa Kelly	Ayr Seaforth AAC		U-15	00:20:22
33	1001	Stacie Taylor	Kilmarnock H&AC		U-15	00:20:27
34	186	Eliza Chiswell	VP-Glasgow AC		U-15	00:21:00
35	128	Helena Davidson	Giffnock North AAC		U-15	00:21:00
36	181	Sarah Bell	Stewartry AC		U-15	00:21:08
37	146	Catherine McLean	Kilbarchan AAC		U-15	00:21:18
38	117	Catherine Lambie	East Kilbride A.C.		U-15	00:21:25
39	216	Amy McCafferty	Glasgow School of Sport		U-17	00:21:28
40	182	Megan Heuchan	Stewartry AC		U-15	00:21:28
41	152	Chloe Hardie	Kilbarchan AAC		U-15	00:21:31
42	142	Chloe Simpson	Inverclyde AC		U-15	00:21:32
43	208	Rachel Fairlie	East Kilbride A.C.		U-17	00:21:46
44	236	Sarah Millar	Ron Hill Cambuslang Harriers		U-17	00:21:52
45	204	Claire Reid	Clydesdale Harriers		U-17	00:21:59
46	141	Evie Semple	Inverclyde AC		U-15	00:22:02
47	242	Victoria McGloin	Shettleston Harriers		U-17	00:22:05
48	125	Holly Miller	Giffnock North AAC		U-15	00:22:06
49	213	April Miller	Giffnock North AAC		U-17	00:22:29
50	218	Eillidh Hamill	Greenock Glenpark Harriers		U-17	00:22:40
51	138	Meighan McDade	Greenock Glenpark Harriers		U-15	00:23:10
52	207	Emma Fairlie	East Kilbride A.C.		U-17	00:23:16
53	113	Leigh Catherine McLevy	Ayr Seaforth AAC		U-15	00:23:26
54	137	Gabrielle Fisher	Greenock Glenpark Harriers		U-15	00:23:40
55	191	Kirsty Viera	VP-Glasgow AC		U-15	00:23:40

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
VP-Glasgow AC	Paige Dickson	U-15	00:18:18	5
	Melanie Chiswell	U-15	00:19:00	12
	Anya Morrison	U-15	00:19:50	26
VP-Glasgow AC Total				43
Giffnock North AAC	Chloe Cowan	U-15	00:17:58	3
	Selena Jackson	U-15	00:19:36	23
	Helena Davidson	U-15	00:21:00	35
Giffnock North AAC Total				61
Kilbarchan AAC	Gwen Gillham	U-15	00:18:09	4
	Kirsty Harper	U-15	00:19:55	28
	Catherine McLean	U-15	00:21:18	37
Kilbarchan AAC Total				69
Stewartry AC	Lauren Craig	U-15	00:19:33	22
	Sarah Bell	U-15	00:21:08	36
	Megan Heuchan	U-15	00:21:28	40
Stewartry AC Total				98
Greenock Glenpark Harriers	Meighan McDade	U-15	00:23:10	51
	Gabrielle Fisher	U-15	00:23:40	54
	Louisa Davis	U-15	00:25:04	58
Greenock Glenpark Harriers Total				163

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Ron Hill Cambuslang Harriers	Katie Bristow	U-17	00:17:49	2
	Mairi Brown	U-17	00:19:00	13
	Lucy Deeny	U-17	00:19:08	17
Ron Hill Cambuslang Harriers Total				32
Kilmarnock H&AC	Amanda Humes	U-17	00:19:08	16
	Eve Kerr	U-17	00:19:37	24
	Bethany Ross	U-17	00:20:20	31
Kilmarnock H&AC Total				71

## 2010 West District Cross Country Championships Irvine 16 Januray 2011

Pos	No	Name	Club	M/F	Cat	Time
1	581	Ahmed Hassan	Shettleston Harriers		U-15	00:15:07
2	542	Euan Gillham	Kilbarchan AAC		U-15	00:15:14
3	541	Callum Matthews	Kilbarchan AAC		U-15	00:15:25
4	585	Liam Mcloone	VP-Glasgow AC		U-15	00:15:28
5	560	Stuart Mcluckie	Law & District AAC		U-15	00:15:30
6	583	Lewis Boyle	VP-Glasgow AC		U-15	00:15:49
7	517	Alastair Stanley	Garscube Harriers		U-15	00:15:53
8	567	Ryan Thomson	Ron Hill Cambuslang Harriers		U-15	00:15:55
9	568	Ross Stephen	Ron Hill Cambuslang Harriers		U-15	00:16:35
10	526	Max Lancaster	Giffnock North AAC		U-15	00:16:39
11	562	Kieran Saunders	Nithsdale AC		U-15	00:16:48
12	580	Ryan Flanagan	Shettleston Harriers		U-15	00:16:49
13	533	Gerard Smith	Greenock Glenpark Harriers		U-15	00:16:55
14	584	Marc Rooney	VP-Glasgow AC		U-15	00:16:58
15	586	Kieron Rafferty	VP-Glasgow AC		U-15	00:17:00
16	523	Josh Hyde	Giffnock North AAC		U-15	00:17:05
17	563	Fraser White	Nithsdale AC		U-15	00:17:09
18	572	Joe Brown	Ron Hill Cambuslang Harriers		U-15	00:17:11
19	509	Conor Ewing	Clydesdale Harriers		U-15	00:17:27
20	1023	Liam Turner	VP-Glasgow AC		U-15	00:17:28
21	1024	Fraser Glass	VP-Glasgow AC		U-15	00:17:33
22	579	Murray McGiven	Shettleston Harriers		U-15	00:17:48
23	511	Vincent Hastings	East Kilbride A.C.		U-15	00:17:56
24	546	Cameron Swanson	Kilbarchan AAC		U-15	00:18:01
25	1025	Craig Jardine	VP-Glasgow AC		U-15	00:18:03
26	571	Keith McIntyre	Ron Hill Cambuslang Harriers		U-15	00:18:06
27	538	Joshua Houston	Inverclyde AC		U-15	00:18:13
28	503	Ben Steven	Ayr Seaforth AAC		U-15	00:18:17
29	500	Andrew Black	Ayr Seaforth AAC		U-15	00:18:20
30	566	Fraser Mackie	North Ayrshire AC		U-15	00:18:29
31	519	Timothy Miller	Garscube Harriers		U-15	00:18:43
32	543	Charlie Wighton	Kilbarchan AAC		U-15	00:18:47
33	576	Logan Sirel	Shettleston Harriers		U-15	00:19:03
34	512	Jack Kirwan	East Kilbride A.C.		U-15	00:19:07
35	544	Fraser Warwick	Kilbarchan AAC		U-15	00:19:07
36	547	Rorie Tracey	Kilbarchan AAC		U-15	00:19:18
37	540	Robert Todd	Inverclyde AC		U-15	00:19:24
38	504	Ian Rae (Jnr)	Calderglen Harriers		U-15	00:19:29
39	565	Gordon Wilson	North Ayrshire AC		U-15	00:19:29
40	577	Dean Stevenson	Shettleston Harriers		U-15	00:19:53
41	553	Kieran Pugh	Kirkintilloch Olympians		U-15	00:20:10
42	525	Rob Gourley	Giffnock North AAC		U-15	00:20:12
43	561	Stephen Murphy	Law & District AAC		U-15	00:20:17
44	550	Terry Mulholland	Kilmarnock H&AC		U-15	00:20:22
45	555	Aidan Kane	Kirkintilloch Olympians		U-15	00:20:36
46	514	Kieran Rankin	East Kilbride A.C.		U-15	00:20:44
47	574	Fraser Ebbitt	Ron Hill Cambuslang Harriers		U-15	00:20:59
48	510	David Campbell	Clydesdale Harriers		U-15	00:21:52
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50						
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52						
53						
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55						

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
VP-Glasgow AC	Liam Mcloone	U-15	00:15:28	4
	Lewis Boyle	U-15	00:15:49	6
	Marc Rooney	U-15	00:16:58	14
VP-Glasgow AC Total				24
Kilbarchan AAC	Euan Gillham	U-15	00:15:14	2
	Callum Matthews	U-15	00:15:25	3
	Cameron Swanson	U-15	00:18:01	24
Kilbarchan AAC Total				29
Shettleston Harriers	Ahmed Hassan	U-15	00:15:07	1
	Ryan Flanagan	U-15	00:16:49	12
	Murray McGiven	U-15	00:17:48	22
Shettleston Harriers Total				35
Ron Hill Cambuslang Harriers	Ryan Thomson	U-15	00:15:55	8
	Ross Stephen	U-15	00:16:35	9
	Joe Brown	U-15	00:17:11	18
Ron Hill Cambuslang Harriers Total				35
Giffnock North AAC	Max Lancaster	U-15	00:16:39	10
	Josh Hyde	U-15	00:17:05	16
	Rob Gourley	U-15	00:20:12	42
Giffnock North AAC Total				68
East Kilbride A.C.	Vincent Hastings	U-15	00:17:56	23
	Jack Kirwan	U-15	00:19:07	34
	Kieran Rankin	U-15	00:20:44	46
East Kilbride A.C. Total				103

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Pos	No	Name	Club	M/F	Cat	Time
1	322	Elspeth Curran	Kilbarchan AAC		Sen	00:22:57
2	320	Natalie Sharp	Kilbarchan AAC		U-20	00:23:50
3	323	Christina Rankin	Kilbarchan AAC		Sen	00:23:58
4	363	Danielle Brown	Springburn Harriers		Sen	00:24:13
5	283	Beth Duff	East Kilbride A.C.		U-20	00:24:31
6	334	Kara Tait	Kilmarnock H&AC		Sen	00:24:46
7	359	Michelle Sandison	Springburn Harriers		Sen	00:24:53
8	292	Lesley Chisholm	Garscube Harriers		Sen	00:25:01
9	376	Claire McCracken	VP-Glasgow AC		Sen	00:25:02
10	355	Debbie Cox	Shettleston Harriers		Sen	00:25:07
11	296	Jill Smylie	Giffnock North AAC		Sen	00:25:10
12	353	Avril Mason	Shettleston Harriers		Sen	00:25:27
13	380	Hollie Young	VP-Glasgow AC		U-20	00:25:36
14	255	Toni McIntosh	Ayr Seaforth AAC		Sen	00:25:44
15	337	Alexandra Lamond	Kirkintilloch Olympians		U-20	00:25:52
16	286	Alison Winship	Garscube Harriers		Sen	00:26:02
17	256	Louise Hill-Stirling	Ayr Seaforth AAC		U-20	00:26:04
18	327	Leanne Hamilton	Kilbarchan AAC		Sen	00:26:08
19	288	Mairi Stanley	Garscube Harriers		Vet	00:26:17
20	326	Hannah Waugh	Kilbarchan AAC		Sen	00:26:24
21	321	Nynke Mulholland	Kilbarchan AAC		U-20	00:26:38
22	378	Jacqueline Thomson	VP-Glasgow AC		Vet	00:26:56
23	281	Pamela McCrossan	Clydesdale Harriers		Vet	00:27:14
24	381	Rhian Dawes	VP-Glasgow AC		U-20	00:27:28
25	1079	Kaaren Glendinning	Kilbarchan AAC		Sen	00:27:30
26	271	Claire Wharton	Bellahouston Road Runners		Vet	00:27:41
27	257	Bernadette O'Neil	Bellahouston Harriers		Vet	00:27:42
28	370	Natalie Fleming	Troon Tortoises AC		Sen	00:27:43
29	1013	Annmarie McCaffrey	Kirkintilloch Olympians		Sen	00:27:51
30	1014	Clare Hughes	Motherwell AC		Sen	00:27:52
31	1009	Neah Evans	Glasgow Univ H & H		Sen	00:27:58
32	312	Erica Cromar	Helensburgh AAC		Vet	00:28:01
33	333	Paula Wilson	Kilmarnock H&AC		Vet	00:28:08
34	280	Kathryn Scott	Clydesdale Harriers		Vet	00:28:10
35	382	Sarah Potter	VP-Glasgow AC		U-20	00:28:18
36	282	Marina McCallum	Clydesdale Harriers		Sen	00:28:18
37	261	Suzanne McMahan	Bellahouston Harriers		Sen	00:28:21
38	368	Clare Gemmell	Springburn Harriers		Vet	00:28:22
39	287	Heather McIntosh	Garscube Harriers		Vet	00:28:26
40	258	Erica Christie	Bellahouston Harriers		Vet	00:28:33
41	1006	Louise Ross	Bellahouston Road Runners		Sen	00:28:51
42	1008	Kelly Baillie	East Kilbride A.C.		Sen	00:29:08
43	275	Katie Padgham	Bellahouston Road Runners		Sen	00:29:09
44	293	Maureen McVey	Giffnock North AAC		Vet	00:29:16
45	348	Clare Barr	Motherwell AC		Vet	00:29:19
46	1010	Sarah Munn	Glasgow Univ H & H		U-20	00:29:21
47	351	Stephanie Lawrie	Nithsdale AC		U-20	00:29:40
48	277	Frances Maxwell	Calderglen Harriers		Vet	00:29:53
50	259	Yvonne Winchester	Bellahouston Harriers		Vet	00:30:20
51	361	Caroline Brownlie	Springburn Harriers		Sen	00:30:37
52	313	Janet Fellowes	Helensburgh AAC		Vet	00:30:51
53	338	Ada Stewart	Kirkintilloch Olympians		Vet	00:31:02
54	272	Jane Wild	Bellahouston Road Runners		Vet	00:31:10
55	349	Phyllis Hands	Motherwell AC		Vet	00:31:13
56	279	Julie Beveridge	Calderglen Harriers		Sen	00:31:16

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57	263	Kristina Greig	Bellahouston Harriers	U-20	00:31:19
58	1011	Ros OSullivan	Kirkintilloch Olympians	Sen	00:31:34
59	356	Susan Breckenridge	Shettleston Harriers	Vet	00:31:56
60	357	Clara Ursitti	Shettleston Harriers	Vet	00:32:07
61	342	Allison Law	Kirkintilloch Olympians	Vet	00:32:11
62	273	Sandra Houldsworth	Bellahouston Road Runners	Sen	00:32:12
63	360	Barbara Knox	Springburn Harriers	Vet	00:32:13
64	1005	Jane Galt	Bellahouston Road Runners	Sen	00:32:16
65	387	Pauline McAdam	Westerlands XC Club	Vet	00:32:50
66	350	Elaine Jamieson	Motherwell AC	Vet	00:32:57
67	346	Pamela O'Connor	Law & District AAC	Sen	00:33:08
68	341	Ausrine Ward	Kirkintilloch Olympians	Sen	00:33:17
69	264	Katy Smith	Bellahouston Harriers	Vet	00:33:18
70	365	Catherine Connelly	Springburn Harriers	Sen	00:33:19
71	371	Moirra Connell	Troon Tortoises AC	Vet	00:33:36
72	260	Suzanne Boyle	Bellahouston Harriers	Sen	00:33:56
73	1012	Vivien Fraser	Kirkintilloch Olympians	Sen	00:34:21
74	386	Patricia McLaughlin	Westerlands XC Club	Vet	00:35:04
75	269	Chi My Ta	Bellahouston Road Runners	Sen	00:35:07
76	339	Shirley MacNab	Kirkintilloch Olympians	Vet	00:35:46
77	262	Louise Andrew	Bellahouston Harriers	Sen	00:36:10
78	362	Lorraine Gray	Springburn Harriers	Sen	00:36:48
79	265	Julie Docherty	Bellahouston Harriers	Sen	00:37:03
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**2010 West District Cross Country Championships Irvine**  
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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Kilbarchan AAC	Elspeth Curran	Sen	00:22:57	1
	Natalie Sharp	U-20	00:23:50	2
	Christina Rankin	Sen	00:23:58	3
	Leanne Hamilton	Sen	00:26:08	18
Kilbarchan AAC Total				24
VP-Glasgow AC	Claire McCracken	Sen	00:25:02	9
	Hollie Young	U-20	00:25:36	13
	Jacqueline Thomson	Vet	00:26:56	22
	Rhian Dawes	U-20	00:27:28	24
VP-Glasgow AC Total				68
Garscube Harriers	Lesley Chisholm	Sen	00:25:01	8
	Alison Winship	Sen	00:26:02	16
	Mairi Stanley	Vet	00:26:17	19
	Heather McIntosh	Vet	00:28:26	39
Garscube Harriers Total				82
Springburn Harriers	Danielle Brown	Sen	00:24:13	4
	Michelle Sandison	Sen	00:24:53	7
	Clare Gemmell	Vet	00:28:22	38
	Caroline Brownlie	Sen	00:30:37	51
Springburn Harriers Total				100
Shettleston Harriers	Debbie Cox	Sen	00:25:07	10
	Avril Mason	Sen	00:25:27	12
	Susan Breckenridge	Vet	00:31:56	59
	Clara Ursitti	Vet	00:32:07	60
Shettleston Harriers Total				141
Bellahouston Harriers	Bernadette O'Neil	Vet	00:27:42	27
	Suzanne McMahon	Sen	00:28:21	37
	Erica Christie	Vet	00:28:33	40
	Yvonne Winchester	Vet	00:30:20	50
Bellahouston Harriers Total				154
Kirkintilloch Olympians	Alexandra Lamond	U-20	00:25:52	15
	Annmarie McCaffrey	Sen	00:27:51	29
	Ada Stewart	Vet	00:31:02	53
	Ros OSullivan	Sen	00:31:34	58
Kirkintilloch Olympians Total				155

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Bellahouston Road Runners				
	Claire Wharton	Vet	00:27:41	26
	Louise Ross	Sen	00:28:51	41
	Katie Padgham	Sen	00:29:09	43
	Jane Wild	Vet	00:31:10	54
Bellahouston Road Runners Total				164
Motherwell AC				
	Clare Hughes	Sen	00:27:52	30
	Clare Barr	Vet	00:29:19	45
	Phyllis Hands	Vet	00:31:13	55
	Elaine Jamieson	Vet	00:32:57	66
Motherwell AC Total				196

**2010 West District Cross Country Championships Irvine**  
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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
VP-Glasgow AC	Hollie Young	U-20	00:25:36	13
	Rhian Dawes	U-20	00:27:28	24
	Sarah Potter	U-20	00:28:18	35
VP-Glasgow AC Total				72

**2010 West District Cross Country Championships Irvine**  
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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Bellahouston Harriers	Bernadette O'Neil	Vet	00:27:42	27
	Erica Christie	Vet	00:28:33	40
	Yvonne Winchester	Vet	00:30:20	50
Bellahouston Harriers Total				117
Motherwell AC	Clare Barr	Vet	00:29:19	45
	Phyllis Hands	Vet	00:31:13	55
	Elaine Jamieson	Vet	00:32:57	66
Motherwell AC Total				166
Kirkintilloch Olympians	Ada Stewart	Vet	00:31:02	53
	Allison Law	Vet	00:32:11	61
	Shirley MacNab	Vet	00:35:46	76
Kirkintilloch Olympians Total				190

## 2010 West District Cross Country Championships Irvine 16 January 2011

Pos	No	Name	Club	M/F	Cat	Time
1	607	Grant Muir	Giffnock North AAC		U-17	00:20:49
2	599	Finlay Rae	Ayr Seaforth AAC		U-17	00:21:18
3	608	Jack Walker	Giffnock North AAC		U-17	00:21:33
4	611	Neil Gourley	Giffnock North AAC		U-17	00:21:48
5	641	Grant Sheldon	Ron Hill Cambuslang Harriers		U-17	00:21:58
6	606	Max Lott	Giffnock North AAC		U-17	00:22:08
7	627	Russell Mountford	Kilbarchan AAC		U-17	00:22:15
8	649	Ethan Sloan-Dennison	VP-Glasgow AC		U-17	00:22:19
9	626	Craig Haxton	Kilbarchan AAC		U-17	00:22:41
10	625	Greg Williams	Inverclyde AC		U-17	00:22:52
11	609	Sandy Nimmo	Giffnock North AAC		U-17	00:22:57
12	635	Christopher Watson	Law & District AAC		U-17	00:23:14
13	617	Ben Stafford	Giffnock North AAC		U-17	00:23:26
14	652	Hugh Mackenzie	VP-Glasgow AC		U-17	00:23:39
15	623	Michael Houston	Inverclyde AC		U-17	00:23:50
16	637	Daniel Stuart Graham	Law & District AAC		U-17	00:24:05
17	642	Matthew McKenna	Ron Hill Cambuslang Harriers		U-17	00:24:06
18	613	Andrew Clark	Giffnock North AAC		U-17	00:24:08
19	640	Stuart Roe	Ron Hill Cambuslang Harriers		U-17	00:24:14
20	624	Matthew Thomson	Inverclyde AC		U-17	00:24:18
21	644	Dean McNaught	Ron Hill Cambuslang Harriers		U-17	00:24:21
22	643	Dean McMurrin	Ron Hill Cambuslang Harriers		U-17	00:24:24
23	654	Andrew McCormack	VP-Glasgow AC		U-17	00:24:33
24	610	Christopher Russell	Giffnock North AAC		U-17	00:25:02
25	600	Euan Webster	Ayr Seaforth AAC		U-17	00:25:27
26	629	Roy Shankland	Kilmarnock H&AC		U-17	00:25:34
27	622	Andrew Fisher	Greenock Glenpark Harriers		U-17	00:25:28
28	621	Adam McCormick	Greenock Glenpark Harriers		U-17	00:26:04
29	634	Callum Heirs	Kirkintilloch Olympians		U-17	00:26:06
30	639	Craig Mackenzie	Motherwell AC		U-17	00:26:19
31	631	Luke McGill	Kilmarnock H&AC		U-17	00:26:24
32	632	Evan Cornforth	Kilmarnock H&AC		U-17	00:27:24
33	647	Garry Mason	Shettleston Harriers		U-17	00:29:37
34	630	Cameron Mackie	Kilmarnock H&AC		U-17	00:30:08
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**2010 West District Cross Country Championships Irvine**  
**16 Januray 2011**

Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Giffnock North AAC	Grant Muir	U-17	00:20:49	1
	Jack Walker	U-17	00:21:33	3
	Neil Gourley	U-17	00:21:48	4
Giffnock North AAC Total				8
Ron Hill Cambuslang Harriers	Grant Sheldon	U-17	00:21:58	5
	Matthew McKenna	U-17	00:24:06	17
	Stuart Roe	U-17	00:24:14	19
Ron Hill Cambuslang Harriers Total				41
Inverclyde AC	Greg Williams	U-17	00:22:52	10
	Michael Houston	U-17	00:23:50	15
	Matthew Thomson	U-17	00:24:18	20
Inverclyde AC Total				45
VP-Glasgow AC	Ethan Sloan-Dennison	U-17	00:22:19	8
	Hugh Mackenzie	U-17	00:23:39	14
	Andrew McCormack	U-17	00:24:33	23
VP-Glasgow AC Total				45
Kilmarnock H&AC	Roy Shankland	U-17	00:25:34	26
	Luke McGill	U-17	00:26:24	31
	Evan Cornforth	U-17	00:27:24	32
Kilmarnock H&AC Total				89

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Pos	No	Name	Club	M/F	Cat	Time
1	806	Craig Ruddy	Inverclyde AC		Sen	00:30:38
2	922	Paul Sorrie	Shettleston Harriers		Sen	00:30:48
3	935	Lachlan Oates	Shettleston Harriers		U-20	00:30:50
4	898	Stuart Gibson	Ron Hill Cambuslang Harriers		Sen	00:31:02
5	916	Jethro Lennox	Shettleston Harriers		Sen	00:31:17
6	827	David Millar	Irvine AC		Vet	00:31:19
7	971	David Vernon	VP-Glasgow AC		U-20	00:31:28
8	921	Tewoldeberhan Mengisteab	Shettleston Harriers		Sen	00:31:36
9	836	Robert Quinn	Kilbarchan AAC		Vet	00:31:41
10	929	Michael Deason	Shettleston Harriers		Sen	00:31:44
11	839	Paul Leck	Kilbarchan AAC		Sen	00:31:51
12	762	Luke Traynor	Giffnock North AAC		U-20	00:32:04
13	900	Robert Gilroy	Ron Hill Cambuslang Harriers		Sen	00:32:11
14	687	Kenny Richmond	Bellahouston Road Runners		Vet	00:32:12
15	920	Matthew Sullivan	Shettleston Harriers		Sen	00:32:14
16	940	Andrew Dearie	Shettleston Harriers		U-20	00:32:15
17	1066	John MacNamara	Ron Hill Cambuslang Harriers		Sen	00:32:17
18	901	Iain MacCorquodale	Ron Hill Cambuslang Harriers		Sen	00:32:21
19	1081	Paul Arcari	Kilbarchan AAC		Sen	00:32:27
20	904	Kerry Liam Wilson	Ron Hill Cambuslang Harriers		Vet	00:32:36
21	704	Hugh Campbell	Bellahouston Road Runners		Sen	00:32:38
22	744	Benjamin Melby	Garscube Harriers		Sen	00:32:41
23	894	Jack Hamilton	Ron Hill Cambuslang Harriers		U-20	00:32:48
24	941	Daniel Bradford	Shettleston Harriers		Sen	00:32:50
25	968	Allan Ramsay	VP-Glasgow AC		Sen	00:32:54
26	842	Gary Rankin	Kilbarchan AAC		U-20	00:33:05
27	732	John Fergusson	East Kilbride A.C.		U-20	00:33:13
28	895	Stewart Orr	Ron Hill Cambuslang Harriers		U-20	00:33:17
29	910	David Rodgers	Ron Hill Cambuslang Harriers		Vet	00:33:18
30	693	Matthew Williamson	Bellahouston Road Runners		Sen	00:33:24
31	745	Joe McKnight	Garscube Harriers		Sen	00:33:27
32	824	Jamie Findlay	Irvine AC		Sen	00:33:36
33	861	Iain Connell	Kilmarnock H&AC		Vet	00:33:42
34	689	Peter Devenport	Bellahouston Road Runners		Sen	00:33:44
35	695	Mark Johnston	Bellahouston Road Runners		Sen	00:33:46
36	903	David Munro	Ron Hill Cambuslang Harriers		Sen	00:33:52
37	905	Greg Hastie	Ron Hill Cambuslang Harriers		Vet	00:33:58
38	843	Graham Evans	Kilbarchan AAC		U-20	00:34:03
39	930	Casey Morgan	Shettleston Harriers		Sen	00:34:08
40	1063	Jamie Reid	Ron Hill Cambuslang Harriers		Sen	00:34:12
41	436	Lewis Serpell	Helensburgh AAC		U-13	00:34:14
42	934	Lee Wilson	Shettleston Harriers		U-20	00:34:14
43	978	Niall McAlinden	Westerlands XC Club		Sen	00:34:18
44	873	Adam Peters	Kirkintilloch Olympians		Sen	00:34:23
45	845	Stephen Fleming	Kilbarchan AAC		U-20	00:34:24
46	915	Ian Johnston	Shettleston Harriers		Vet	00:34:29
47	896	Bobby Bristow	Ron Hill Cambuslang Harriers		U-20	00:34:33
48	708	Alan Derrick	Calderglen Harriers		Vet	00:34:33
49	795	Paul Thompson	Helensburgh AAC		Vet	00:34:42
50	690	Ciaran Dougherty	Bellahouston Road Runners		Sen	00:35:00
51	844	Thomas McDonald	Kilbarchan AAC		U-20	00:35:05
52	721	Peter Bowman	Clydesdale Harriers		U-20	00:35:08
53	872	Stephen Allan	Kirkintilloch Olympians		Sen	00:35:09
54	780	David Henderson	Greenock Glenpark Harriers		Sen	00:35:11
55	739	Adam Gatens	East Kilbride A.C.		U-20	00:35:15

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56	685	Brian French	Bellahouston Harriers	Sen	00:35:16
57	700	Russell Whittington	Bellahouston Road Runners	Sen	00:35:25
58	973	Chris Upson	Westerlands XC Club	Vet	00:35:29
59	926	Marc McColl	Shettleston Harriers	Sen	00:35:34
60	782	Shaun Lyon	Greenock Glenpark Harriers	Sen	00:35:45
61	696	Greig Glendinning	Bellahouston Road Runners	Sen	00:35:47
62	786	Michael Mcloone Snr	Greenock Glenpark Harriers	Vet	00:35:50
63	683	Steven Prentice	Bellahouston Harriers	Sen	00:35:59
64	1062	Christopher Macdonald	Motherwell AC	Sen	00:36:06
65	849	Donald Petrie	Kilbarchan AAC	Vet	00:36:07
66	698	Grant MacDonald	Bellahouston Road Runners	Sen	00:36:14
67	859	Scott Martin	Kilmarnock H&AC	Vet	00:36:16
68	1057	Louis O'Hare	Kirkintilloch Olympians	Sen	00:36:18
69	1076	Scott Mitchell	Westerlands XC Club	Sen	00:36:24
70	807	Andrew Campbell	Inverclyde AC	U-20	00:36:25
71	1047	Alan Henderson	Greenock Glenpark Harriers	Sen	00:36:27
72	1036	Gary Dick	Clydesdale Harriers	Sen	00:36:29
73	1077	Cameron Burt	Westerlands XC Club	Sen	00:36:36
74	909	Francis Hurley	Ron Hill Cambuslang Harriers	Vet	00:36:36
75	779	Kevin Gill	Greenock Glenpark Harriers	Sen	00:36:43
76	729	Gerard Montgomery	Clydesdale Harriers	Vet	00:36:50
77	701	Gerard Scullion	Bellahouston Road Runners	Vet	00:36:52
78	857	Connell Drummond	Kilmarnock H&AC	Sen	00:36:55
79	778	Steven Campbell	Greenock Glenpark Harriers	Sen	00:37:00
80	1039	Alex Chisholm	Garscube Harriers	Sen	00:37:03
81	703	Norman Boyle	Bellahouston Road Runners	Vet	00:37:05
82	944	Gary Turner	Shettleston Harriers	U-20	00:37:06
83	784	Daniel McLaughlin	Greenock Glenpark Harriers	Vet	00:37:12
84	667	Greg Templeton	Ayr Seaforth AAC	U-20	00:37:13
85	767	George Taylor	Giffnock North AAC	Vet	00:37:17
86	967	Alex Potter	VP-Glasgow AC	Vet	00:37:20
87	814	Jude Boulton	Inverclyde AC	Sen	00:37:21
88	943	Stephen Winter	Shettleston Harriers	Sen	00:37:24
89	1075	Gerard Craig	VP-Glasgow AC	Sen	00:37:29
90	907	Colin Feechan	Ron Hill Cambuslang Harriers	Vet	00:37:33
91	741	Jamie Clements	East Kilbride A.C.	Sen	00:37:33
92	891	Luke McIlvenna	Motherwell AC	U-20	00:37:35
93	1046	Chris Clarke	Glasgow Univ H & H	Sen	00:37:46
94	674	Tom Lauckner	Bellahouston Harriers	Sen	00:37:51
95	918	Ruairidh Munro	Shettleston Harriers	U-20	00:37:53
96	671	Brian Douglas	Bellahouston Harriers	Sen	00:37:54
97	913	John J Duffy	Shettleston Harriers	Vet	00:37:59
98	874	Gary Mitchell	Kirkintilloch Olympians	Vet	00:38:03
99	1070	Scott Hunter	Ron Hill Cambuslang Harriers	Sen	00:38:04
100	931	John Oates	Shettleston Harriers	Vet	00:38:07
101	706	Stuart Mathieson	Bellahouston Road Runners	Sen	00:38:10
102	951	Damian McAuley	Springburn Harriers	Vet	00:38:11
103	887	Stephen Cowper	Milburn Harriers	Vet	00:38:14
104	672	Mark Paterson	Bellahouston Harriers	Sen	00:38:20
105	948	Martin Coleman	Springburn Harriers	Sen	00:38:28
106	1033	Colin Freeman	Calderglen Harriers	Sen	00:38:30
107	1028	Matthew Brown	Bellahouston Harriers	U-20	00:38:35
108	1073	Kenneth Mitchell	VP-Glasgow AC	Sen	00:38:42
109	743	Robert McLennan	Garscube Harriers	Vet	00:38:45
110	676	Darren Murray	Bellahouston Harriers	Sen	00:38:51
111	661	Laurence Baker	Ayr Seaforth AAC	Vet	00:38:51

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112	712	Edward Reid	Calderglen Harriers	Vet	00:38:57
113	787	Alan O'Rourke	Greenock Glenpark Harriers	Vet	00:39:10
114	766	Derek Breen	Giffnock North AAC	Vet	00:39:23
115	738	Andrew Shaw	East Kilbride A.C.	U-20	00:39:32
116	906	Michael O'Hagan	Ron Hill Cambuslang Harriers	Vet	00:39:34
117	829	Brian Craig	Irvine AC	Vet	00:39:45
118	834	Andrew Rennie	Irvine AC	Vet	00:39:47
119	691	Barry Edwards	Bellahouston Road Runners	Sen	00:39:55
120	885	Daniel Burns	Milburn Harriers	Sen	00:40:04
121	740	William Taylor	East Kilbride A.C.	Vet	00:40:09
122	855	David Mewse	Kilbarchan AAC	Vet	00:40:12
123	854	Donald Kennedy	Kilbarchan AAC	Vet	00:40:17
124	955	Duncan Reid	Springburn Harriers	Vet	00:40:18
125	727	Bobby Rossborough	Clydesdale Harriers	Vet	00:40:24
126	771	Angus McTaggart	Girvan AAC	Vet	00:40:30
127	709	Ian Rae	Calderglen Harriers	Vet	00:40:33
128	1068	Alexander Eaglesham	Ron Hill Cambuslang Harriers	Sen	00:40:39
129	962	Ralph Connolly	VP-Glasgow AC	Vet	00:40:54
130	966	Tom Ord	VP-Glasgow AC	Vet	00:40:59
131	716	Jim Holmes	Calderglen Harriers	Vet	00:40:59
132	719	Andrew Henderson	Calderglen Harriers	Vet	00:41:01
133	832	James Sneddon	Irvine AC	Vet	00:41:01
134	714	David Herbertson	Calderglen Harriers	Vet	00:41:03
135	705	Paul Farbotko	Bellahouston Road Runners	Sen	00:41:04
136	722	Ryan Nelson	Clydesdale Harriers	U-20	00:41:06
137	1038	Stephen Kilpatrick	Garscube Harriers	Sen	00:41:07
138	969	Peter Ramsay	VP-Glasgow AC	Vet	00:41:11
139	878	Derek Martin	Kirkintilloch Olympians	Vet	00:41:18
140	717	Stuart Waugh	Calderglen Harriers	Vet	00:41:21
141	975	Daniel Reid	Westerlands XC Club	Vet	00:41:26
142	1055	Richard Skillen	Kilmarnock H&AC	Sen	00:41:29
143	862	Murray McDonald	Kilmarnock H&AC	U-20	00:41:33
144	867	Harald Bartl	Kilmarnock H&AC	Vet	00:41:34
145	818	Robert Shaw	Inverclyde AC	Vet	00:41:38
146	976	John Quinn	Westerlands XC Club	Vet	00:41:45
147	833	Steven Connell	Irvine AC	Vet	00:41:50
148	893	Matthew Purser	Motherwell AC	Sen	00:42:07
149	813	Robert Gray	Inverclyde AC	Sen	00:42:18
150	783	Kevan McCartney	Greenock Glenpark Harriers	Sen	00:42:21
151	877	Christopher Craig	Kirkintilloch Olympians	Vet	00:42:43
152	750	Andrew Griffiths	Garscube Harriers	Vet	00:42:50
153	675	Ruairidh Macdonald	Bellahouston Harriers	Sen	00:42:56
154	699	Ewan McDonald	Bellahouston Road Runners	Vet	00:43:00
155	769	Stephen Flanagan	Girvan AAC	Vet	00:43:21
156	847	Steven Hards	Kilbarchan AAC	Vet	00:43:26
157	799	Stephen Bell	Helensburgh AAC	Vet	00:43:32
158	789	Michael Harrington	Greenock Glenpark Harriers	Vet	00:43:35
159	1074	Peter Dawes	VP-Glasgow AC	Sen	00:43:42
160	697	Bruce Carse	Bellahouston Road Runners	Sen	00:43:43
161	726	Robert Young	Clydesdale Harriers	Vet	00:43:45
162	737	Niall Walker	East Kilbride A.C.	Sen	00:43:55
163	677	David Mooney	Bellahouston Harriers	Sen	00:44:00
164	758	David Logan	Giffnock North AAC	Vet	00:44:10
165	977	Gibson Fleming	Westerlands XC Club	Vet	00:44:11
166	710	George Stewart	Calderglen Harriers	Vet	00:44:17
167	702	Alex Lawther	Bellahouston Road Runners	Sen	00:44:19

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168	1078	Steffen Gorgas	Westerlands XC Club	Sen	00:44:25
169	1053	Ian Goudie	Kilmarnock H&AC	Sen	00:44:31
170	694	Scott Telfer	Bellahouston Road Runners	Vet	00:44:33
171	965	Kenneth McVey	VP-Glasgow AC	Vet	00:44:43
172	956	George McGregor	Tron Tortoises AC	Vet	00:44:54
173	1043	Martin Myant	Giffnock North AAC	Sen	00:44:57
174	1045	Rodger McEleney	Giffnock North AAC	Sen	00:45:02
175	668	Iain Baird	Ayr Seaforth AAC	Vet	00:45:07
176	747	John Murray	Garscube Harriers	Sen	00:45:15
177	957	Ian McNee	Tron Tortoises AC	Vet	00:45:36
178	980	David Mitchell	Unattached	Vet	00:45:46
179	692	Peter Burton	Bellahouston Road Runners	Sen	00:45:54
180	755	Stephen Cullen	Garscube Harriers	Vet	00:46:01
181	884	Patrick Kelly	Law & District AAC	Vet	00:46:09
182	952	John Owens	Springburn Harriers	Vet	00:47:18
183	953	Giovanni DAlessio	Springburn Harriers	Sen	00:47:25
184	724	Peter Rudzinski	Clydesdale Harriers	Vet	00:48:09
185	950	Alan Cairns	Springburn Harriers	Vet	00:48:23
186	713	David Wardrope	Calderglen Harriers	Sen	00:49:53
187	768	Jack Maxwell	Girvan AAC	Vet	00:51:25
188	959	Henry G Dobbie	Tron Tortoises AC	Vet	00:51:27
189	958	David Etchells	Tron Tortoises AC	Sen	00:52:31
190	707	Russell Couper	Calderglen Harriers	Vet	00:53:17
191	892	Peter Blackmore	Motherwell AC	Sen	00:54:31
192	848	Brian Graham	Kilbarchan AAC	Vet	00:61:17

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
<b>Shettleston Harriers</b>				
	Paul Sorrie	Sen	00:30:48	2
	Lachlan Oates	U-20	00:30:50	3
	Jethro Lennox	Sen	00:31:17	5
	Tewoldeberhan Mengisteab	Sen	00:31:36	8
	Michael Deason	Sen	00:31:44	10
	Matthew Sullivan	Sen	00:32:14	15
<b>Shettleston Harriers Total</b>				<b>43</b>
<b>Ron Hill Cambuslang Harriers</b>				
	Stuart Gibson	Sen	00:31:02	4
	Robert Gilroy	Sen	00:32:11	13
	John MacNamara	Sen	00:32:17	17
	Iain MacCorquodale	Sen	00:32:21	18
	Kerry Liam Wilson	Vet	00:32:36	20
	Jack Hamilton	U-20	00:32:48	23
<b>Ron Hill Cambuslang Harriers Total</b>				<b>95</b>
<b>Kilbarchan AAC</b>				
	Robert Quinn	Vet	00:31:41	9
	Paul Leck	Sen	00:31:51	11
	Paul Arcari	Sen	00:32:27	19
	Gary Rankin	U-20	00:33:05	26
	Graham Evans	U-20	00:34:03	38
	Stephen Fleming	U-20	00:34:24	45
<b>Kilbarchan AAC Total</b>				<b>148</b>
<b>Bellahouston Road Runners</b>				
	Kenny Richmond	Vet	00:32:12	14
	Hugh Campbell	Sen	00:32:38	21
	Matthew Williamson	Sen	00:33:24	30
	Peter Devenport	Sen	00:33:44	34
	Mark Johnston	Sen	00:33:46	35
	Ciaran Dougherty	Sen	00:35:00	50
<b>Bellahouston Road Runners Total</b>				<b>184</b>
<b>Greenock Glenpark Harriers</b>				
	David Henderson	Sen	00:35:11	54
	Shaun Lyon	Sen	00:35:45	60
	Michael Mcloone Snr	Vet	00:35:50	62
	Alan Henderson	Sen	00:36:27	71
	Kevin Gill	Sen	00:36:43	75
	Steven Campbell	Sen	00:37:00	79
<b>Greenock Glenpark Harriers Total</b>				<b>401</b>
<b>VP-Glasgow AC</b>				
	David Vernon	U-20	00:31:28	7
	Allan Ramsay	Sen	00:32:54	25

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VP-Glasgow AC	Alex Potter	Vet	00:37:20	86
	Gerard Craig	Sen	00:37:29	89
	Kenneth Mitchell	Sen	00:38:42	108
	Ralph Connolly	Vet	00:40:54	129
VP-Glasgow AC Total				444
Bellahouston Harriers	Brian French	Sen	00:35:16	56
	Steven Prentice	Sen	00:35:59	63
	Tom Lauckner	Sen	00:37:51	94
	Brian Douglas	Sen	00:37:54	96
	Mark Paterson	Sen	00:38:20	104
	Matthew Brown	U-20	00:38:35	107
Bellahouston Harriers Total				520
Westerlands XC Club	Niall McAlinden	Sen	00:34:18	43
	Chris Upton	Vet	00:35:29	58
	Scott Mitchell	Sen	00:36:24	69
	Cameron Burt	Sen	00:36:36	73
	Daniel Reid	Vet	00:41:26	141
	John Quinn	Vet	00:41:45	146
Westerlands XC Club Total				530
Garscube Harriers	Benjamin Melby	Sen	00:32:41	22
	Joe McKnight	Sen	00:33:27	31
	Alex Chisholm	Sen	00:37:03	80
	Robert McLennan	Vet	00:38:45	109
	Stephen Kilpatrick	Sen	00:41:07	137
	Andrew Griffiths	Vet	00:42:50	152
Garscube Harriers Total				531
Kirkintilloch Olympians	Adam Peters	Sen	00:34:23	44
	Stephen Allan	Sen	00:35:09	53
	Louis O'Hare	Sen	00:36:18	68
	Gary Mitchell	Vet	00:38:03	98
	Derek Martin	Vet	00:41:18	139
	Christopher Craig	Vet	00:42:43	151
Kirkintilloch Olympians Total				553
Irvine AC	David Millar	Vet	00:31:19	6
	Jamie Findlay	Sen	00:33:36	32
	Brian Craig	Vet	00:39:45	117
	Andrew Rennie	Vet	00:39:47	118
	James Sneddon	Vet	00:41:01	133
	Steven Connell	Vet	00:41:50	147
Irvine AC Total				553
East Kilbride A.C.	John Fergusson	U-20	00:33:13	27

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East Kilbride A.C.	Adam Gatens	U-20	00:35:15	55
	Jamie Clements	Sen	00:37:33	91
	Andrew Shaw	U-20	00:39:32	115
	William Taylor	Vet	00:40:09	121
	Niall Walker	Sen	00:43:55	162
East Kilbride A.C. Total				571
Kilmarnock H&AC	Iain Connell	Vet	00:33:42	33
	Scott Martin	Vet	00:36:16	67
	Connell Drummond	Sen	00:36:55	78
	Richard Skillen	Sen	00:41:29	142
	Murray McDonald	U-20	00:41:33	143
	Harald Bartl	Vet	00:41:34	144
Kilmarnock H&AC Total				607
Clydesdale Harriers	Peter Bowman	U-20	00:35:08	52
	Gary Dick	Sen	00:36:29	72
	Gerard Montgomery	Vet	00:36:50	76
	Bobby Rossborough	Vet	00:40:24	125
	Ryan Nelson	U-20	00:41:06	136
	Robert Young	Vet	00:43:45	161
Clydesdale Harriers Total				622
Calderglen Harriers	Alan Derrick	Vet	00:34:33	48
	Colin Freeman	Sen	00:38:30	106
	Edward Reid	Vet	00:38:57	112
	Ian Rae	Vet	00:40:33	127
	Jim Holmes	Vet	00:40:59	131
	Andrew Henderson	Vet	00:41:01	132
Calderglen Harriers Total				656
Giffnock North AAC	Luke Traynor	U-20	00:32:04	12
	George Taylor	Vet	00:37:17	85
	Derek Breen	Vet	00:39:23	114
	David Logan	Vet	00:44:10	164
	Martin Myant	Sen	00:44:57	173
	Rodger McElaney	Sen	00:45:02	174
Giffnock North AAC Total				722
Springburn Harriers	Damian McAuley	Vet	00:38:11	102
	Martin Coleman	Sen	00:38:28	105
	Duncan Reid	Vet	00:40:18	124
	John Owens	Vet	00:47:18	182
	Giovanni DAlessio	Sen	00:47:25	183
	Alan Cairns	Vet	00:48:23	185
Springburn Harriers Total				881

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Ron Hill Cambuslang Harriers				
	Kerry Liam Wilson	Vet	00:32:36	20
	David Rodgers	Vet	00:33:18	29
	Greg Hastie	Vet	00:33:58	37
Ron Hill Cambuslang Harriers Total				86
Bellahouston Road Runners				
	Kenny Richmond	Vet	00:32:12	14
	Gerard Scullion	Vet	00:36:52	77
	Norman Boyle	Vet	00:37:05	81
Bellahouston Road Runners Total				172
Kilbarchan AAC				
	Robert Quinn	Vet	00:31:41	9
	Donald Petrie	Vet	00:36:07	65
	David Mewse	Vet	00:40:12	122
Kilbarchan AAC Total				196
Irvine AC				
	David Millar	Vet	00:31:19	6
	Brian Craig	Vet	00:39:45	117
	Andrew Rennie	Vet	00:39:47	118
Irvine AC Total				241
Shettleston Harriers				
	Ian Johnston	Vet	00:34:29	46
	John J Duffy	Vet	00:37:59	97
	John Oates	Vet	00:38:07	100
Shettleston Harriers Total				243
Kilmarnock H&AC				
	Iain Connell	Vet	00:33:42	33
	Scott Martin	Vet	00:36:16	67
	Harald Bartl	Vet	00:41:34	144
Kilmarnock H&AC Total				244
Greenock Glenpark Harriers				
	Michael Mcloone Snr	Vet	00:35:50	62
	Daniel McLaughlin	Vet	00:37:12	83
	Alan O'Rourke	Vet	00:39:10	113
Greenock Glenpark Harriers Total				258
Calderglen Harriers				
	Alan Derrick	Vet	00:34:33	48
	Edward Reid	Vet	00:38:57	112
	Ian Rae	Vet	00:40:33	127
Calderglen Harriers Total				287
Westerlands XC Club				

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Westerlands XC Club	Chris Upson	Vet	00:35:29	58
	Daniel Reid	Vet	00:41:26	141
	John Quinn	Vet	00:41:45	146
Westerlands XC Club Total				345
VP-Glasgow AC	Alex Potter	Vet	00:37:20	86
	Ralph Connolly	Vet	00:40:54	129
	Tom Ord	Vet	00:40:59	130
VP-Glasgow AC Total				345
Clydesdale Harriers	Gerard Montgomery	Vet	00:36:50	76
	Bobby Rossborough	Vet	00:40:24	125
	Robert Young	Vet	00:43:45	161
Clydesdale Harriers Total				362
Giffnock North AAC	George Taylor	Vet	00:37:17	85
	Derek Breen	Vet	00:39:23	114
	David Logan	Vet	00:44:10	164
Giffnock North AAC Total				363
Kirkintilloch Olympians	Gary Mitchell	Vet	00:38:03	98
	Derek Martin	Vet	00:41:18	139
	Christopher Craig	Vet	00:42:43	151
Kirkintilloch Olympians Total				388
Springburn Harriers	Damian McAuley	Vet	00:38:11	102
	Duncan Reid	Vet	00:40:18	124
	John Owens	Vet	00:47:18	182
Springburn Harriers Total				408
Garscube Harriers	Robert McLennan	Vet	00:38:45	109
	Andrew Griffiths	Vet	00:42:50	152
	Stephen Cullen	Vet	00:46:01	180
Garscube Harriers Total				441
Girvan AAC	Angus McTaggart	Vet	00:40:30	126
	Stephen Flanagan	Vet	00:43:21	155
	Jack Maxwell	Vet	00:51:25	187
Girvan AAC Total				468
Troon Tortoises AC	George McGregor	Vet	00:44:54	172
	Ian McNee	Vet	00:45:36	177
	Henry G Dobbie	Vet	00:51:27	188
Troon Tortoises AC Total				537

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Pos	(All)
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Sum of Pos				
Club	Name	Cat	Time	Total
Shettleston Harriers	Lachlan Oates	U-20	00:30:50	3
	Andrew Dearie	U-20	00:32:15	16
	Lee Wilson	U-20	00:34:14	42
Shettleston Harriers Total				61
Ron Hill Cambuslang Harriers	Jack Hamilton	U-20	00:32:48	23
	Stewart Orr	U-20	00:33:17	28
	Bobby Bristow	U-20	00:34:33	47
Ron Hill Cambuslang Harriers Total				98
Kilbarchan AAC	Gary Rankin	U-20	00:33:05	26
	Graham Evans	U-20	00:34:03	38
	Stephen Fleming	U-20	00:34:24	45
Kilbarchan AAC Total				109
East Kilbride A.C.	John Fergusson	U-20	00:33:13	27
	Adam Gatens	U-20	00:35:15	55
	Andrew Shaw	U-20	00:39:32	115
East Kilbride A.C. Total				197