

National CC Relays 22nd October 2011 - Senior Male Results

	Stage 1		Stage 2		Stage 3		Stage 4	
1 Inverclyde AC "A"	Christopher MacKay	5	Andrew Douglas	4	Mark Pollard	2	Craig Ruddy	1
	13:26	13:26	26:52	13:26	40:13	13:21	53:08	12:55
2 Shettleston Harriers "A"	Michael Gillespie	2	Thomas Fay	3	Paul Sorrie	3	Tewoldeberhan Mengisteab	2
	13:03	13:03	26:49	13:46	40:16	13:27	53:26	13:10
3 Central AC "A"	Andrew Butchart (J)	7	Alexander Hendry (J)	2	John Newsom	1	Ross Houston	3
	13:39	13:39	26:42	13:03	40:01	13:19	53:26	13:25
4 Ron Hill Cambus "A"	Stewart Orr (J)	6	Jack Hamilton (J)	5	Stuart Gibson	5	Robert Gilroy	4
	13:28	13:28	27:05	13:37	40:33	13:28	54:28	13:55
5 V P Glasgow "A"	David Vernon (J)	1	Sean Fontana (J)	1	Ethan Sloan-Dennison (J)	4	Derek Gibb	5
	13:03	13:03	26:33	13:30	40:21	13:48	54:41	14:20
6 Central AC "B"	Michael Wright	9	Scott Green (J)	8	Alastair Hay	6	Lewis Millar	6
	13:49	13:49	27:39	13:50	41:35	13:56	55:30	13:55
7 Ron Hill Cambus "B"	Andrew Coulter (J)	11	Iain MacCorquodale	10	David Munro	8	Jamie Reid	7
	14:03	14:03	27:56	13:53	42:06	14:10	56:03	13:57
8 Giffnock North "A"	Luke Traynor (J)	8	Greg Turner (J)	11	Grant Muir (J)	9	David Phee	8
	13:41	13:41	28:02	14:21	42:15	14:13	56:16	14:01
9 Corstorphine AAC "A"	Dermot Cummins	4	Kris Berry	7	Andrew Christy (J)	7	Tom Ferrington	9
	13:24	13:24	27:35	14:11	41:48	14:13	56:20	14:32
10 Aberdeen AAC "A"	Mark Haskett	3	Eoin Durkan	6	Sam Burgess (J)	10	Cameron Strachan (J)	10
	13:13	13:13	27:31	14:18	42:24	14:53	57:12	14:48
11 Central AC "C"	Ross Milne (J)	28	Cameron Milne (J)	17	David Hutchison (J)	13	Alasdair Anthony	11
	14:44	14:44	28:58	14:14	43:36	14:38	57:40	14:04
12 Corstorphine AAC "B"	Calum McKenzie	14	Adam Priestley	13	Bryan Clark	12	Christopher O'Brien	12
	14:15	14:15	28:23	14:08	43:14	14:51	58:00	14:46
13 Shettleston Harriers "B"	Andrew Dearie (J)	20	Lachlan Oates (J)	9	Casey Morgan	11	Marc McColl	13
	14:29	14:29	27:53	13:24	42:50	14:57	58:05	15:15
14 Kilmarnock H "A"	Iain Connell	22	James Wales (J)	21	Roger Naughton	16	Cameron Wilson	14
	14:31	14:31	29:18	14:47	43:52	14:34	58:24	14:32
15 Giffnock North "B"	Jamie MacGregor (J)	27	Jack Walker (J)	19	Max Lott (J)	18	Miles Hollinshead (J)	15
	14:44	14:44	29:15	14:31	44:06	14:51	58:48	14:42
16 Greenock Glenpark "A"	Stephen Trainer	16	Michael Mcloone Snr	24	Andrew McCall	21	David Henderson	16
	14:22	14:22	29:26	15:04	44:24	14:58	58:59	14:35
17 Hunters Bog T "A"	Steven Cairns	12	Ray Ward	16	Craig Mattocks	17	Huw Jones	17
	14:05	14:05	28:56	14:51	43:54	14:58	59:04	15:10
18 Falkirk Victoria H "A"	Alexander Davidson	17	Ben Stevenson (J)	18	Euan Martin (J)	14	Russell McAdam	18
	14:24	14:24	29:03	14:39	43:50	14:47	59:18	15:28
19 Edinburgh Uni "A"	Tom Martyn	18	Iain Whiteside	20	Patryk Gierjatowicz	19	Rory Leslie (J)	19
	14:26	14:26	29:16	14:50	44:08	14:52	59:25	15:17
20 Ron Hill Cambus "C" (V)	Alan Ramage	42	Kenny Macpherson	29	Kerry Liam Wilson	20	Michael O'Hagan	20
	15:15	15:15	30:00	14:45	44:14	14:14	59:29	15:15
21 Edinburgh AC "A"	Malcolm Fraser	34	Stuart Johnston	33	Daniel Clarkson	26	Colin McGill	21
	14:59	14:59	30:09	15:10	44:57	14:48	59:32	14:35
22 Fife AC "A"	Zachary Delaney (J)	26	Andrew Murphy	23	Jacob Howe	29	Stephen Clark	22
	14:41	14:41	29:23	14:42	45:09	15:46	59:59	14:50
23 Bellahouston RR "A"	Kieran Docherty	15	Liam Conway	26	Bruce Carse	30	Mark Johnston	23
	14:21	14:21	29:42	15:21	45:16	15:34	1:00:06	14:50
24 Kilbarchan AAC "A"	Gary Rankin (J)	32	Conor McNulty	12	Craig Haxton (J)	15	Donald Petrie	24
	14:54	14:54	28:09	13:15	43:52	15:43	1:00:08	16:16
25 Inverclyde AC "B"	Jude Boulton	39	Sean Gaffney	34	Thomas Jamieson	31	Andrew Campbell (J)	25
	15:11	15:11	30:10	14:59	45:24	15:14	1:00:11	14:47
26 St Andrews Uni "A"	David Bowers (J)	24	Juraj Sabal	27	Neil Graham	25	Andrew Steele (J)	26
	14:39	14:39	29:46	15:07	44:57	15:11	1:00:24	15:27
27 Carnegie H "B" (V)	Lewis Lawson	44	Ian Stewart	37	Roger Clark	33	Thomas Lawrence	27
	15:19	15:19	30:26	15:07	45:56	15:30	1:00:38	14:42
28 Lasswade AAC "A"	Martin Gore	56	Niall Sheehan	22	Paul Benham	24	Ben Mitchell	28
	15:33	15:33	29:19	13:46	44:52	15:33	1:00:51	15:59
29 Westerlands CCC "A"	John Denovan	41	Chris Upson	41	Owen O'Neill	35	Niall McAlinden	29
	15:13	15:13	31:06	15:53	46:11	15:05	1:01:06	14:55
30 Garscube H "B"	Benjamin Melby	10	Joe McKnight	14	Alexander Chalmers	27	Gary Goldie	30
	13:54	13:54	28:45	14:51	45:05	16:20	1:01:23	16:18
31 Lothian RC "A"	Ross Milne	23	Max McNeill (J)	15	Kenton Jones	28	Steven Laurie	31
	14:33	14:33	28:47	14:14	45:07	16:20	1:01:34	16:27
32 Bellahouston H "A"	Thomas McDonald (J)	30	Brian French	28	Brian Douglas	34	Tom Lauckner	32
	14:51	14:51	29:55	15:04	46:01	16:06	1:01:39	15:38
33 Metro Aberdeen "A"	Neil Jaffrey	67	Forbes Reid	49	Eoghan O'Neill	41	Malcolm Beattie	33
	15:59	15:59	31:27	15:28	46:41	15:14	1:01:42	15:01
34 Bellahouston RR "B" (V)	Russell Whittington	35	Greig Glendinning	35	Andrew Birnie	37	Robbie Hayman	34
	15:00	15:00	30:13	15:13	46:19	16:06	1:01:47	15:28
35 Ochil Hill Runners "A"	John Stevenson	40	David Eiser	39	Ross McLennan	32	Alan Murray	35
	15:12	15:12	30:46	15:34	45:49	15:03	1:02:06	16:17
36 Fife AC "C" (V)	Hugh D. McKay	60	Roger Rees	60	Graham Kirby	49	Christopher Russell	36
	15:47	15:47	31:59	16:12	47:26	15:27	1:02:09	14:43

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37	Corstorphine AAC "D" (V)	Grant Wilkie	33	Michael Anderson	40	Ian Johnston	38	Graeme Fletcher	37
		14:57	14:57	30:49	15:52	46:23	15:34	1:02:11	15:48
38	Carnegie H "A"	Graeme Campbell	29	Andy Hume	32	Andrew Smith (J)	22	Calum McGaw (J)	38
		14:46	14:46	30:06	15:20	44:43	14:37	1:02:22	17:39
39	Garscube H "A" (V)	Alexander Chisholm	70	Stephen Mulrine	47	John Bell	40	John McLaughlin	39
		16:04	16:04	31:25	15:21	46:30	15:05	1:02:37	16:07
40	Ron Hill Cambus "D"	Dean McNaught (J)	47	Gordon Robertson	30	Scott Hunter	36	Stephen (jnr) Paris (J)	40
		15:22	15:22	30:02	14:40	46:13	16:11	1:02:50	16:37
41	Gala Harriers "A"	Graeme Murdoch	19	Euan Jardine	36	David Moffat	57	Fergus Johnston	41
		14:27	14:27	30:17	15:50	48:00	17:43	1:02:52	14:52
42	Calderglen H "A" (V)	Andrew McCaffery	65	Edward Reid	69	Martin Duthie	62	Alan Derrick	42
		15:57	15:57	32:43	16:46	48:27	15:44	1:03:01	14:34
43	Hunters Bog T "B"	Doug Murray	62	David Fulton	57	William Townsend	48	Michael Grant	43
		15:48	15:48	31:52	16:04	47:24	15:32	1:03:11	15:47
44	Bellahouston RR "C"	Craig Ross	36	Brian ODonnell	43	Marcos Sanz Gomez	42	Craig Reid	44
		15:04	15:04	31:19	16:15	46:49	15:30	1:03:15	16:26
45	Greenock Glenpark "B"	Ross McDonald	52	Stephen McLoone	48	Robert Wilson	56	Frank McKnight	45
		15:28	15:28	31:26	15:58	47:56	16:30	1:03:17	15:21
46	Edinburgh Uni "B"	Coll Williamson (J)	64	Daniel Ashworth (J)	45	Scott Wallace	45	Ewan Crawford (J)	46
		15:57	15:57	31:24	15:27	47:12	15:48	1:03:19	16:07
47	East Kilbride AAC "A"	Tom Yuill JNR	99	Niall Walker	87	Jamie Clements	68	Grant Baillie	47
		17:33	17:33	33:56	16:23	49:20	15:24	1:03:23	14:03
48	Edinburgh AC "C"	Scott Logan	57	Keith Dunlop	42	Dermot Bailie	43	Kevin Graham	48
		15:36	15:36	31:11	15:35	46:58	15:47	1:03:27	16:29
49	Shettleston Harriers "C" (V)	Ian Johnston	31	Denis Williams	38	John Oates	44	John J Duffy	49
		14:51	14:51	30:42	15:51	47:09	16:27	1:03:38	16:29
50	V P Glasgow "B" (V)	Jason Boyle	54	Gerard Craig	55	Crawford Little	54	Derek Watson Snr.	50
		15:30	15:30	31:40	16:10	47:48	16:08	1:03:42	15:54
51	Motherwell AC "A"	Luke McIlvenna (J)	59	Andrew Buchanan	58	Benjamin Hands	59	Christopher Macdonald	51
		15:45	15:45	31:52	16:07	48:14	16:22	1:03:47	15:33
52	Central AC "D"	David MacKinlay (J)	88	Andrew Hood (J)	59	Will Hensman	50	Alan Hume	52
		16:57	16:57	31:57	15:00	47:31	15:34	1:03:51	16:20
53	Kirkintilloch Oly "A"	Stuart Kerr	25	Howard Elliott	50	Gary Mitchell	63	Scott Lawrie (J)	53
		14:41	14:41	31:29	16:48	48:31	17:02	1:04:07	15:36
54	Metro Aberdeen "B"	Robert Taylor	74	Clifford Leith	66	Ian Urquhart	60	Iain Grigor	54
		16:11	16:11	32:35	16:24	48:20	15:45	1:04:16	15:56
55	Springburn Harriers "A" (V)	Damian McAuley	46	Jim Cooper	51	Andrew Callan	51	Ross McEachern	55
		15:20	15:20	31:30	16:10	47:34	16:04	1:04:18	16:44
56	Gala Harriers "B" (V)	Mark Bryson	51	Steven Martin	53	David Nightingale	64	Sinclair Hill	56
		15:25	15:25	31:33	16:08	48:35	17:02	1:04:25	15:50
57	Law & District "A"	Craig Wellcoat (J)	13	Daniel Stuart Graham (J)	31	Jim Girdwood	39	Jonathan Velu (J)	57
		14:10	14:10	30:03	15:53	46:29	16:26	1:04:58	18:29
58	V P Glasgow "C"	Alex Potter	76	Tom Ord	80	Alan Ramsay	52	Ralph Connolly	58
		16:14	16:14	33:19	17:05	47:39	14:20	1:04:59	17:20
59	Falkirk Victoria H "B" (V)	Michael McQuaid	50	Anthony Devlin	56	David Hart	46	John Martin	59
		15:25	15:25	31:47	16:22	47:18	15:31	1:05:03	17:45
60	Irvine AC "A" (V)	James Sneddon	94	Alex Allardyce	65	Colin Miller	58	Ian Berryman	60
		17:18	17:18	32:31	15:13	48:01	15:30	1:05:13	17:12
61	Dundee Hawkhill "A" (V)	Matthew Strachan	66	Roger van Gompel	52	Stephen Mason	55	Nigel Reynolds	61
		15:57	15:57	31:31	15:34	47:54	16:23	1:05:29	17:35
62	Bellahouston RR "D"	Grant MacDonald	68	Thomas O'Connell	64	Stuart Mathieson	69	Brendan Moriarty	62
		16:01	16:01	32:29	16:28	49:26	16:57	1:05:56	16:30
63	Bellahouston H "B"	Mark Paterson	89	Paul McNally	68	Michael Freshour	66	Ruairidh Macdonald	63
		17:01	17:01	32:41	15:40	49:08	16:27	1:06:02	16:54
64	Clydesdale Harriers "A"	Michael Diver	72	Iain Robertson	70	Paul Carroll	67	Kevin Farmer	64
		16:08	16:08	32:55	16:47	49:10	16:15	1:06:04	16:54
65	Westerlands CCC "B"	Daniel Reid	83	David Riach	82	Alasdair Duke	73	Peter Grassl	65
		16:49	16:49	33:28	16:39	49:56	16:28	1:06:30	16:34
66	Helensburgh AAC "A"	Iain Walker	63	Paul Thompson	44	Damien Theaker	53	Phil Dye	66
		15:56	15:56	31:21	15:25	47:45	16:24	1:06:32	18:47
67	Aberdeen AAC "B"	David Smith (J)	37	Alasdair Love	77	Fraser McGillivray	82	Frank Boyne	67
		15:04	15:04	33:08	18:04	51:41	18:33	1:06:38	14:57
68	Pitreevie AAC "A"	Jeff Farquhar	53	Neil Maclachlan	61	Kevin Davie	70	Owain Williams	68
		15:28	15:28	32:03	16:35	49:28	17:25	1:06:47	17:19
69	Kilmarnock H "C" (V)	Scott Martin	45	David McLeod	54	Leslie McDerment	61	John McClarty	69
		15:20	15:20	31:38	16:18	48:25	16:47	1:06:51	18:26
70	Central AC "F" (V)	Steve Laing	73	Hugh Buchanan	71	Philip Hendry	75	Hugh Kerr	70
		16:08	16:08	33:01	16:53	50:04	17:03	1:07:07	17:03
71	Greenock Glenpark "C"	Alan O'Rourke	77	Graham Mcgrattan	78	Robert Adams	72	Steven Watson	71
		16:16	16:16	33:13	16:57	49:53	16:40	1:07:19	17:26
72	Garscube H "C"	Campbell Roxburgh	79	Athole Smith	84	Marco Consani	76	Stephen Kilpatrick	72
		16:26	16:26	33:40	17:14	50:17	16:37	1:07:31	17:14
73	Kirkintilloch Oly "B"	Tommy McRavey	78	Robert Rogerson	79	Stephen Allan	71	Derek Martin	73
		16:26	16:26	33:18	16:52	49:41	16:23	1:07:39	17:58

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74 Inverclyde AC "D" (V)	Iain Walker	43	Kenneth Morrison	83	John Smillie	81	Gary McKendrick	74
	15:17	15:17	33:39	18:22	51:28	17:49	1:07:47	16:19
75 Portobello RC "A" (V)	William Jarvie	61	Andrew Stavert	101	Robert Kinnaid	90	Peter Buchanan	75
	15:48	15:48	35:54	20:06	53:25	17:31	1:08:59	15:34
76 Carnegie H "C" (V)	Ian Robert Johnston	85	Steven King	76	Robert Milton	74	Malcolm Smith	76
	16:51	16:51	33:08	16:17	49:58	16:50	1:09:08	19:10
77 Fife AC "D" (V)	Tony Martin	75	John Mill	72	Gary Barker	78	D.Melville Scobie	77
	16:12	16:12	33:03	16:51	51:07	18:04	1:09:21	18:14
78 Fife AC "B"	Frank Popham	90	Eric Lalande	89	Mark S Buchan (J)	83	David Sleigh	78
	17:08	17:08	34:13	17:05	51:59	17:46	1:09:34	17:35
79 Kilmarnock H "B"	Ross Connelly (J)	80	Connell Drummond	73	Murray McDonald (J)	79	Harald Bartl	79
	16:35	16:35	33:05	16:30	51:13	18:08	1:10:07	18:54
80 Giffnock North "C" (V)	Rodger McEleney	110	Derek Breen	102	George Taylor	85	James Galbraith	80
	18:21	18:21	36:04	17:43	52:17	16:13	1:10:15	17:58
81 Garscube H "D"	Robbie Drummond	103	Scott McPherson	92	John Murray	84	Robert McLennan	81
	17:46	17:46	34:44	16:58	52:15	17:31	1:10:27	18:12
82 Springburn Harriers "B"	Josephn Junior Chambers	111	Martin Coleman	90	Kevin Owens	80	Duncan Reid	82
	18:30	18:30	34:35	16:05	51:23	16:48	1:11:33	20:10
83 Calderglen H "B" (V)	David Herbertson	104	George Stewart	99	Jim Holmes	94	Andrew Henderson	83
	17:51	17:51	35:46	17:55	53:53	18:07	1:11:42	17:49
84 Giffnock North "D"	David Logan	116	Douglas Rathey	97	Christopher Russell (J)	88	Stephen Watters	84
	19:10	19:10	35:39	16:29	53:07	17:28	1:11:52	18:45
85 Motherwell AC "B"	Brian McLinden	96	Craig Mackenzie (J)	91	Robert McCourt	89	Craig Whiteside	85
	17:21	17:21	34:43	17:22	53:15	18:32	1:11:57	18:42
86 Bellahouston H "C"	Graeme Gemmell	87	Craig Lamont	86	Stewart Mulholland	91	James McMillan	86
	16:55	16:55	33:55	17:00	53:36	19:41	1:12:05	18:29
87 Greenock Glenpark "D"	Stephen McDade	108	Kenneth Pryde	106	Ross Neilson	101	Kevan McCartney	87
	18:14	18:14	36:29	18:15	55:07	18:38	1:12:54	17:47
88 Fife AC "F"	Steven Pennycook	107	Andrew Milne	105	Calum Harvie	96	Frank McLaren	88
	18:13	18:13	36:25	18:12	54:17	17:52	1:13:03	18:46
89 Calderglen H "C"	Stephen Reilly	71	David Wardrope	96	Graham Lindsay	97	Colin Banks	89
	16:08	16:08	35:32	19:24	54:21	18:49	1:14:27	20:06
90 Bellahouston RR "E"	Alex Lawther	112	John Newlands	104	Andrew Hardman	99	Christopher Doak	90
	18:35	18:35	36:11	17:36	54:40	18:29	1:14:34	19:54
91 Kilmarnock H "D" (V)	Kenneth Wales	117	William Duffy	114	David Mitchell	104	Brian Darroch	91
	19:12	19:12	38:05	18:53	56:47	18:42	1:15:20	18:33
92 Carnegie H "E" (V)	Iain Thomson	118	Mark Johnstone	115	Stephen Greer	105	Colin Reid	92
	19:14	19:14	38:17	19:03	57:06	18:49	1:16:10	19:04
93 Falkirk Victoria H "C"	Mark Dunnachie	115	David Bunyan	116	John Denholm	110	Alexander Watson	93
	18:49	18:49	38:49	20:00	58:50	20:01	1:16:38	17:48
94 Carnegie H "D"	Robert Fullick	82	John Fulham	85	Ronnie Hunter-Blair	95	Paul Campbell	94
	16:42	16:42	33:41	16:59	53:56	20:15	1:17:51	23:55
95 Clydesdale Harriers "B"	Colin Gray	126	Ryan Nelson (J)	118	Mark Barrow	106	Robert Young	95
	21:14	21:14	39:01	17:47	57:57	18:56	1:18:12	20:15
96 Fife AC "E"	Brian R Smith	119	David Cowan	111	Derek Adamson	108	David Shepherd	96
	19:14	19:14	37:09	17:55	58:39	21:30	1:18:39	20:00
97 Central AC "G" (V)	George McHardy	125	John Millar	122	Alan Gall	112	Cameron Campbell	97
	20:55	20:55	41:31	20:36	1:00:26	18:55	1:19:58	19:32
98 Garscube H "E" (V)	Kieran McLaughlin	122	Christopher Kilshaw	120	James Taylor	115	Stephen Cullen	98
	20:19	20:19	39:11	18:52	1:06:45	27:34	1:24:04	17:19
99 Lothian RC "B" (V)	Scott Nelson	92	Kenny Mearns	108	Colin Banham	109	David Wardman	99
	17:16	17:16	36:48	19:32	58:40	21:52	1:27:13	28:33
Corstorphine AAC "C"	Moray Anderson	21	Scott Pilkington	25	Callum Smith (J)	23		
	14:29	14:29	29:33	15:04	44:44	15:11		
St Andrews Uni "B"	Patrick O'Hare	38	Roger Bryant (J)	46	Mark Diamond (J)	47		
	15:10	15:10	31:24	16:14	47:22	15:58		
Lasswade AAC "B"	Paul Elliot	69	Ross Finlayson	67	Kirk Smith	65		
	16:01	16:01	32:38	16:37	48:52	16:14		
Inverclyde AC "C"	James Mcfadden	55	Graeme Hyett	62	Damien Mallet	77		
	15:33	15:33	32:17	16:44	50:49	18:32		
Teviotdale Harriers "A"	Alister Biggar	58	Alan Inglis	63	Bill Knox	86		
	15:40	15:40	32:24	16:44	52:40	20:16		
Corstorphine AAC "F"	Nigel Lamb	86	Nicholas Brown	95	Ian McPherson	87		
	16:51	16:51	35:22	18:31	52:55	17:33		
Hunters Bog T "C"	George Ashley	84	Jon Rathjen	81	Ian Campbell	92		
	16:49	16:49	33:24	16:35	53:38	20:14		
Corstorphine AAC "E" (V)	Derek Ireland	105	Jan-Bert Van Den Berg	100	Iain Cumming	93		
	17:55	17:55	35:49	17:54	53:50	18:01		
Edinburgh AC "D" (V)	Brian Howie	106	Garry Robertson	88	Alex MacEwen	98		
	18:11	18:11	34:02	15:51	54:28	20:26		
Gala Harriers "C"	Derrick Brydon	97	William McCulloch	94	Alistair Laurie	100		
	17:24	17:24	35:00	17:36	54:49	19:49		
Central AC "E"	David Lindsay (J)	81	Sandy MacLarty (J)	103	Colin Sinclair	102		
	16:36	16:36	36:09	19:33	55:35	19:26		
Kirkintilloch Oly "C"	Neil Ramsay	100	Christopher Craig	110	Thomas McChord	103		
	17:39	17:39	37:06	19:27	55:55	18:49		

National CC Relays 22nd October 2011 - Senior Male Results

Motherwell AC "C"	William Martin 18:40	113 18:40	Matthew Purser 36:56	109 18:16	Peter Blackmore 57:14	107 20:18
Ferranti AAC "A"	Malcolm Parry 17:10	91 17:10	Grant Sellar 36:45	107 19:35	Edward McDonald 59:47	111 23:02
Calderglen H "D"	Hugh Simpson 20:42	124 20:42	Richard Lawton 39:56	121 19:14	Russell Couper 1:02:11	113 22:15
Garscube H "F"	Raghubir Singh 23:37	127 23:37	Euan Geddes 44:08	124 20:31	David W Dickson 1:06:28	114 22:20
Edinburgh AC "E"	Peter Loudon (J) 15:22	49 15:22	David Steele 33:06	74 17:44		
Irvine AC "B"	Andrew Rennie 17:41	102 17:41	Patrick Cullinane 33:08	75 15:27		
Kilbarchan AAC "B"	Donald Kennedy 17:17	93 17:17	Alan Craig 34:47	93 17:30		
Westerlands CCC "C"	Ciaran McDonald 17:20	95 17:20	John Quinn 35:43	98 18:23		
Helensburgh AAC "B"	Brian Grant 17:40	101 17:40	Alistair Wylie 37:35	112 19:55		
Shettleston Harriers "D"	Gary Turner (J) 15:22	48 15:22	Robert Porteous 37:41	113 22:19		
Clydesdale Harriers "C"	Pete Cartwright 18:17	109 18:17	Watson Jones 38:59	117 20:42		
Ron Hill Cambus "E"	Thomas McPake 18:42	114 18:42	Zac Hunter (J) 39:05	119 20:23		
Giffnock North "E"	James O'Hagan 19:49	120 19:49	George Gilchrist 42:42	123 22:53		
Greenock Glenpark "E"	Robin McAuslan 20:10	121 20:10	Thomas Knight 44:38	125 24:28		
V P Glasgow "D"	Peter Ramsay 17:25	98 17:25				
Bellahouston H "D"	Thomas Keenan 20:26	123 20:26				
Bellahouston H "D"	Thomas Keenan 20:26	123 20:26				

Fastest Laps

1	Craig Ruddy - Inverclyde AC "A"	12:55
2	David Vernon (J) - V P Glasgow "A"	13:03
3	Michael Gillespie - Shettleston Harriers "A"	13:03
4	Alexander Hendry (J) - Central AC "A"	13:03
5	Tewoldeberhan Mengisteab - Shettleston Harriers "A"	13:10
6	Mark Haskett - Aberdeen AAC "A"	13:13
7	Conor McNulty - Kilbarchan AAC "A"	13:15
8	John Newsom - Central AC "A"	13:19
9	Mark Pollard - Inverclyde AC "A"	13:21
10	Dermot Cummins - Corstorphine AAC "A"	13:24
11	Lachlan Oates (J) - Shettleston Harriers "B"	13:24
12	Ross Houston - Central AC "A"	13:25
13	Christopher MacKay - Inverclyde AC "A"	13:26
14	Andrew Douglas - Inverclyde AC "A"	13:26
15	Paul Sorrie - Shettleston Harriers "A"	13:27
16	Stuart Gibson - Ron Hill Cambus "A"	13:28
17	Stewart Orr (J) - Ron Hill Cambus "A"	13:28
18	Sean Fontana (J) - V P Glasgow "A"	13:30
19	Jack Hamilton (J) - Ron Hill Cambus "A"	13:37
20	Andrew Butchart (J) - Central AC "A"	13:39
21	Luke Traynor (J) - Giffnock North "A"	13:41
22	Thomas Fay - Shettleston Harriers "A"	13:46
23	Niall Sheehan - Lasswade AAC "A"	13:46
24	Ethan Sloan-Dennison (J) - V P Glasgow "A"	13:48
25	Michael Wright - Central AC "B"	13:49
26	Scott Green (J) - Central AC "B"	13:50
27	Iain MacCorquodale - Ron Hill Cambus "B"	13:53
28	Benjamin Melby - Garscube H "B"	13:54
29	Robert Gilroy - Ron Hill Cambus "A"	13:55
30	Lewis Millar - Central AC "B"	13:55