

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 11 Girls

Place	Race No.	Name	Club	Time
1	115	Rona Tytler	Kilbarchan Amateur Athletic Club	6.09
2	120	Nicky Miller	Giffnock North AAC	6.11
3	137	Julia Laughland	Edinburgh Athletic Club	6.13
4	101	Zaynah Aziz	Selkirk	6.13
5	106	Ishbel Strathdee	Edinburgh Athletic Club	6.18
6	126	Laurie Anderson	Airdrie Harriers	6.21
7	291	Erin Wallace	Giffnock North AAC	6.23
8	111	Danielle Kelly	Giffnock North AAC	6.25
9	135	Iona Crawford	unattached	6.26
10	114	Esther Zijerveld	Edinburgh Athletic Club	6.36
11	102	Kazya Stevens	Moorfoot Runners	6.36
12	117	Emily Nicholson	Pitreevie AAC	6.38
13	133	Mairi Wallace	Moorfoot Runners	6.40
14	134	Catherine Bough	Edinburgh Athletic Club	6.41
15	113	Louise McCullagh	Dunfermline & West Fife AC	6.41
16	132	Caroline Cameron	Edinburgh Athletic Club	6.43
17	296	Eilidh Hagerly	Airdrie Harriers	6.48
18	127	Kayleigh Reilly	Airdrie Harriers	6.50
19	121	Cara Hogg	Gala Harriers	6.50
20	131	Mhairi Cromar	Helensburgh AAC	6.50
21	140	Lucy Cairns	Law & District AAC	6.53
22	119	Sophie Nethery	Pitreevie AAC	6.53
23	123	Natalie Ramsay	Lasswade Athletics Club	6.57
24	108	Freya Menzies	Giffnock North AAC	6.57
25	136	Lauren Dickson	unattached	7.03
26	122	Nicole McIntyre	Falkirk Victoria Harriers	7.05
27	128	Megan Wilson	Lasswade Athletics Club	7.18
28	125	Georgia Nichoson	Musselburgh & District AC	7.20
29	116	Sophia Murray	Giffnock North AAC	7.21
30	129	Maddie Joseph	Helensburgh AAC	7.23
31	294	Alana Sneddon	Pitreevie AAC	7.24
32	138	Kirsty McIntosh	Lothian Running Club	7.24
33	104	Sophie Crimin	Cumbernauld AAC	7.24
34	103	Kayla Divers	Cumbernauld AAC	7.26
35	107	Annie Gould	Giffnock North AAC	7.26
36	109	Evie Barton	Kilmarnock H&AC	7.28
37	293	Ciara Goldie	Falkirk Victoria Harriers	7.28
38	118	Zoe Nicholson	Pitreevie AAC	7.30
39	130	Mackenzie Serpell	Helensburgh AAC	7.35
40	240	#N/A	#N/A	7.37
41	298	#N/A	#N/A	7.37
42	297	Eve Kennedy	Airdrie Harriers	7.42
43	124	Bridie Nicholson	Musselburgh & District AC	7.45
44	112	Eva Clark	Edinburgh Athletic Club	7.49
45	295	Natasha Selkirk	Lasswade Athletics Club	8.01
46	139	Pamela Newell	Law & District AAC	8.07
47	105	Kirstin Wylie	Cumbernauld AAC	8.16
48	299	Nicole Selkirk	Lasswade Athletics Club	8.23

Under 11 Girls Teams

	Place	No.	1st Team	Points	
1	2	120	Nicky Miller	Giffnock North AAC	17
	7	291	Erin Wallace		
	8	111	Danielle Kelly		
2nd Team					
2	3	137	Julia Laughland	Edinburgh Athletic Club	18
	5	106	Ishbel Strathdee		
	10	114	Esther Zijerveld		
3rd Team					
3	6	126	Laurie Anderson	Airdrie Harriers	41
	17	296	Eilidh Hagerly		
	18	127	Kayleigh Reilly		
4th Team					
4	12	117	Emily Nicholson	Pitreevie AAC	65
	22	119	Sophie Nethery		
	31	294	Alana Sneddon		
5th Team					
5	20	131	Mhairi Cromar	Helensburgh AAC	89
	30	129	Maddie Joseph		
	39	130	Mackenzie Serpell		
6th Team					
6	23	123	Natalie Ramsay	Lasswade Athletics Club	95
	27	128	Megan Wilson		
	45	295	Natasha Selkirk		
7th Team					
7	33	104	Sophie Crimin	Cumbernauld AAC	114
	34	103	Kayla Divers		
	47	105	Kirstin Wylie		

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 11 Boys

Place	Race No.	Name	Club	Time
1	155	Adam Scott	Fife Athletic Club	5.29
2	143	Robson Mackay	Nithsdale Athletic Club	5.34
3	171	James Adam	Pitreevie AAC	5.37
4	153	George Rees	Fife Athletic Club	5.41
5	166	Harry Nimmo	Giffnock North AAC	6.03
6	169	Ryan Thomson	Pitreevie AAC	6.05
7	147	Josh Bicknell	Giffnock North AAC	6.06
8	160	Dylan Thomson	Pitreevie AAC	6.07
9	168	Michael Swinton	Edinburgh Athletic Club	6.08
10	146	Cormac Greig	Lasswade Athletics Club	6.14
11	51	Will Cheskin	Moorfoot Runners	6.14
12	144	Jamie Darling	Lasswade Athletics Club	6.15
13	175	Steven Addison	Corstorphine AAC	6.16
14	167	Euan Boyle	Dundee Hawkhill Harriers	6.16
15	149	Neil Anderson	Giffnock North AAC	6.18
16	164	Jake Gumbrell	Helensburgh AAC	6.19
17	173	Thomas O'Hear	Airdrie Harriers	6.24
18	157	Andrew Hogg	Gala Harriers	6.27
19	159	Michael Dannis	Edinburgh Athletic Club	6.32
20	178	Craig Morris	Fife Athletic Club	6.36
21	150	Matthew Lawler	Law & District AAC	6.37
22	179	Thomas Forshaw	Giffnock North AAC	6.37
23	180	Alex Bates	Harmeny Athletic Club	6.40
24	148	Ben Bicknell	Giffnock North AAC	6.41
25	161	Fraser Smith	Edinburgh Athletic Club	6.43
26	176	Lucas Johnston	Harmeny Athletic Club	6.44
27	158	Robert Ponton	Nithsdale Athletic Club	6.44
28	174	Connor Blyth	Airdrie Harriers	6.56
29	152	Rian Dougal	Leithanburn Rovers	7.00
30	156	Hogan Kerr	Giffnock North AAC	7.01
31	141	Ross MacKenzie	Lasswade Athletics Club	7.02
32	163	Bruce Cromar	Helensburgh AAC	7.02
33	154	Cameron Smith	Giffnock North AAC	7.11
34	170	Marshall Smith	Gala Harriers	7.31
35	151	Finlay Collins	Moorfoot Runners	7.32
36	142	Euan Mackay	Lasswade Athletics Club	7.35
37	165	Liam Miller	Law & District AAC	7.37
38	52	Cal Murray	Law & District AAC	7.48
39	177	Luke McAuley	Law & District AAC	8.00
40	172	Matthew McClory	Lothian Running Club	8.00
41	162	Ewan Mair	Helensburgh AAC	8.18
42	145	Lewis Wallace	Cumbernauld AAC	8.31

Under 11 Boys Teams

	Place	No.	1st Team	Points	
1	3	171	James Adam	Pitreevie AAC	17
	6	169	Ryan Thomson		
	8	160	Dylan Thomson		
2nd Team					
2	1	155	Adam Scott	Fife Athletic Club	25
	4	153	George Rees		
	20	178	Craig Morris		
3rd Team					
3	5	166	Harry Nimmo	Giffnock North AAC	27
	7	147	Josh Bicknell		
	15	149	Neil Anderson		
4th Team					
4	9	168	Michael Swinton	Edinburgh Athletic Club	53
	19	159	Michael Dannis		
	25	161	Fraser Smith		
5th Team					
5	10	146	Cormac Greig	Lasswade Athletics Club	53
	12	144	Jamie Darling		
	31	141	Ross MacKenzie		
6th Team					
6	16	164	Jake Gumbrell	Helensburgh AAC	89
	32	163	Bruce Cromar		
	41	162	Ewan Mair		
7th Team					
7	21	150	Matthew Lawler	Law & District AAC	96
	37	165	Liam Miller		
	38	52	Cal Murray		

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 13 Girls

Place	Race No.	Name	Club	Time
1	310	Hilary Lewin	Edinburgh Athletic Club	14.15
2	304	Leah Davie	Pitreevie AAC	14.39
3	318	Hannah Addison	Corstorphine AAC	14.53
4	300	Eilidh Reynolds	Dundee Hawkhill Harriers	15.05
5	281	Pamela McNicol	Law & District AAC	15.14
6	283	Regan Binnie	Law & District AAC	15.32
7	311	Amy Armstrong	Edinburgh Athletic Club	15.43
8	315	Megan Robertson	Helensburgh AAC	15.55
9	282	Emily McNicol	Law & District AAC	15.58
10	313	Morag Paterson	Helensburgh AAC	16.03
11	289	Ailsa Cruickshanks	Fife Athletic Club	16.12
12	302	Jo Arres	Gala Harriers	16.16
13	284	Caitlin Murphy	Pitreevie AAC	16.18
14	288	Rachel Hutichson	Lasswade Athletics Club	16.18
15	306	Eilidh McCulloch	Cumbernauld AAC	16.28
16	307	Emma Balfour	Cumbernauld AAC	16.41
17	287	Zoe Bates	Harmony Athletic Club	16.43
18	286	Hannah Cusack	Law & District AAC	17.00
19	309	Ailsa Clark	Edinburgh Athletic Club	17.08
20	316	Julia Smith	Edinburgh Athletic Club	17.12
21	301	Morven Cawthorn	Gala Harriers	17.18
22	314	Caitlyn McAlister	Helensburgh AAC	17.23
23	319	Sophie Ogilvie	Falkirk Victoria Harriers	17.28
24	308	Elise Wylie	Cumbernauld AAC	17.49
25	292	Jo Stapelton	Corstorphine AAC	17.51
26	320	Heather Baird	Law & District AAC	18.39
27	312	Melissa Robinson	Helensburgh AAC	19.05
28	303	Catrina Pringle	Annan & District AC	20.03
29	285	Sabina Jednejzyk	Lasswade Athletics Club	20.12
30	305	Erin Docherty	Cumbernauld AAC	21.08
31	317	Erin Scott	Haddington East Lothian Pacemakers	22.00

Under 13 Boys

Place	Race No.	Name	Club	Time
1	339	Anthony Addison	Corstorphine AAC	13.16
2	325	Kobe Stevens	Moorfoot Runners	13.30
3	324	Angus Johnstone	Nithsdale Athletic Club	13.37
4	332	Tristan Rees	Fife Athletic Club	13.52
5	335	Lewis Serpell	Helensburgh AAC	14.22
6	337	Robert McGrath	Linlithgow AAC	14.35
7	336	Daniel McGhee	Falkirk Victoria Harriers	14.48
8	326	Connor Morris	Pitreevie AAC	14.50
9	322	Kyle MacKenzie	Lasswade Athletics Club	14.56
10	344	Euan Jones	Law & District AAC	15.04
11	346	Sean Mullen	Lasswade Athletics Club	15.07
12	327	Ruairidh Brttton	Moorfoot Runners	15.10
13	330	Callum Graham	Lasswade Athletics Club	15.12
14	321	Charlie Swan	Dundee Hawkhill Harriers	15.20
15	345	Iain Horsburgh	Lothian Running Club	15.33
16	333	Daniel Milligan	Pitreevie AAC	15.41
17	329	Mitchell Winyard	Moorfoot Runners	15.43
18	328	David Collins	Moorfoot Runners	15.58
19	340	Daniel Hamilton	Airdrie Harriers	16.02
20	338	Gregor Malcolm	Kinross Road Runners	16.07
21	323	Fraser Cousins	Lasswade Athletics Club	16.10
22	342	Craig Keenan	Airdrie Harriers	16.10
23	341	Connor Allan	Airdrie Harriers	16.30
24	343	Keiran Cubis	Law & District AAC	18.22

Under 13 Girls Teams

	Place	No.	1st Team	Points
1	5	281	Pamela McNicol	Law & District AAC 20
	6	283	Regan Binnie	
	9	282	Emily McNicol	
2nd Team				
2	1	310	Hilary Lewin	Edinburgh Athletic Club 27
	7	311	Amy Armstrong	
	19	309	Ailsa Clark	
3rd Team				
3	8	315	Megan Robertson	Helensburgh AAC 40
	10	313	Morag Paterson	
	22	314	Caitlyn McAlister	
4th Team				
4	15	306	Eilidh McCulloch	Cumbernauld AAC 55
	16	307	Emma Balfour	
	24	308	Elise Wylie	

Under 13 Boys Teams

	Place	No.	1st Team	Points
1	2	325	Kobe Stevens	Moorfoot Runners 31
	12	327	Ruairidh Brttton	
	17	329	Mitchell Winyard	
2nd Team				
2	9	322	Kyle MacKenzie	Lasswade Athletics Club 33
	11	346	Sean Mullen	
	13	330	Callum Graham	
3rd Team				
3	19	340	Daniel Hamilton	Airdrie Harriers 64
	22	342	Craig Keenan	
	23	341	Connor Allan	

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 15 Girls

Place	Race No.	Name	Club	Time
1	363	Louise Mercer	Teviotdale Harriers	13.27
2	354	Eilidh MacCorquodale	Central AC	13.41
3	372	#N/A	#N/A	13.52
4	359	Alexander Hunter	Edinburgh Athletic Club	14.14
5	357	Sophie Collins	Moorfoot Runners	14.17
6	351	Amy Frankland	Lasswade Athletics Club	14.38
7	361	Heide Biberach-Laidlaw	Edinburgh Athletic Club	14.39
8	365	Alice McGrath	Law & District AAC	14.39
9	356	Emily Stathdee	Edinburgh Athletic Club	15.06
10	364	Kathrine Mercer	Teviotdale Harriers	15.08
11	368	Fiona Matheson	Lasswade Athletics Club	15.08
12	353	Kathryn Park	Nithsdale Athletic Club	15.17
13	371	Rosin Bonucchi	Central AC	16.14
14	355	Jacqueline Pringe	Stewartry Athletic Club	16.34
15	358	Amy McAlpine	Pitreavie AAC	17.18
16	367	Sally Redpath	Lasswade Athletics Club	17.52
17	366	Claire Macinnes	Pitreavie AAC	18.49
18	369	Margaret Newell	Law & District AAC	19.52
19	352	Kirsty McKinlay	Lasswade Athletics Club	19.59

Under 15 Boys

Place	Race No.	Name	Club	Time
1	392	Stuart McLuckie	Law & District AAC	17.46
2	385	Andrew Lawler	Law & District AAC	18.07
3	388	Rowan Marr	Gala Harriers	18.13
4	394	Jake Kerr	Edinburgh Running Network	18.14
5	390	Aidan Thompson	Pitreavie AAC	18.30
6	387	Logan Rees	Fife Athletic Club	18.34
7	396	Ben Potrykus	Pitreavie AAC	18.49
8	384	Kieran Saunders	Nithsdale Athletic Club	19.12
9	402	Jacob Adkin	Moorfoot Runners	19.22
10	389	Jack Stanners	Selkirk	19.36
11	397	Cameron Gilmour	Edinburgh Running Network	19.49
12	405	Iain Lawson	Lasswade Athletics Club	19.50
13	393	Paul Henney	Gala Harriers	20.16
14	399	Lucas Cheskin	Moorfoot Runners	20.18
15	383	Jamie Cousins	Lasswade Athletics Club	20.19
16	381	Fraser White	Nithsdale Athletic Club	20.42
17	398	Michael Cameron	Edinburgh Running Network	20.57
18	400	Aidan Hilton	Falkirk Victoria Harriers	21.34
19	406	Gregor Beatson	Pitreavie AAC	22.04
20	395	Euan Ross	Pitreavie AAC	22.27
21	401	Callum Clark	Lasswade Athletics Club	22.33
22	404	Innes Ogilvie	Haddington East Lothian Pacemakers	22.53
23	403	Steven Bryce	Law & District AAC	23.18
24	386	Calum Magowan	Moorfoot Runners	23.54
25	391	Aidan Carr	unattached	24.02
26	382	Craig Whyteside	Whitemoss Amateur Athletic Club	24.06

Under 15 Girls Teams

	Place	No.	1st Team	Points
1	4	359	Alexander Hunter	Edinburgh Athletic Club 20
	7	361	Heide Biberach-Laidlaw	
	9	356	Emily Stathdee	
2	6	351	Amy Frankland	Lasswade Athletics Club 33
	11	368	Fiona Matheson	
	16	367	Sally Redpath	

Under 15 Boys Teams

	Place	No.	1st Team	Points
1	1	392	Stuart McLuckie	Law & District AAC 26
	2	385	Andrew Lawler	
	23	403	Steven Bryce	
2	5	390	Aidan Thompson	Pitreavie AAC 31
	7	396	Ben Potrykus	
	19	406	Gregor Beatson	
3	4	394	Jake Kerr	Edinburgh Running Network 32
	11	397	Cameron Gilmour	
	17	398	Michael Cameron	
4	9	402	Jacob Adkin	Moorfoot Runners 47
	14	399	Lucas Cheskin	
	24	386	Calum Magowan	
5	12	405	Iain Lawson	Lasswade Athletics Club 48
	15	383	Jamie Cousins	
	21	401	Callum Clark	

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 17/20 Women

Place	Race No.	Name	Club	Time
1	32	Kathryn Pennel	Pitreavie AAC	19.53
2	29	Rachael Dunn	Edinburgh Athletic Club	20.32
3	26	Halina Rees	Fife Athletic Club	20.58
4	2	Scout Adkin	Moorfoot Runners	21.01
5	1	Emily Dudgeon	Edinburgh Athletic Club	22.04
6	28	Caitlin Grey	Edinburgh Athletic Club	22.20
7	34	Jennifer Cruikshanks	Fife Athletic Club	22.33
8	30	Isabelle Bough	Corstorphine AAC	22.55
9	33	Katy Watson	Haddington East Lothian Pacemakers	23.14
10	35	Rowan Glendinning	Annan & District AC	24.18
11	27	Madeline Robinson	Helensburgh AAC	25.31
12	31	Katy Logan	Lasswade Athletics Club	26.06

Under 17 Men

Place	Race No.	Name	Club	Time
1	481	Grant Muir	Giffnock North AAC	22.00
2	474	Craig Wellcoat	Law and District AAC	23.06
3	475	Dale Colley	Falkirk Victoria Harriers	23.35
4	476	Scott Stirling	Falkirk Victoria Harriers	23.45
5	482	Ruaridh Miller	Edinburgh Athletic Club	23.58
6	473	Chris Ponton	Edinburgh Athletic Club	24.25
7	478	Callum Smith	Corstorphine AAC	25.22
8	471	Scott McAlpine	Pitreavie AAC	25.46
9	480	Ben Kurzman	Pitreavie AAC	27.56
10	477	Euan Bathgate	Lasswade Athletics Club	27.58
11	472	Callum Stoddart	Pitreavie AAC	36.23

Under 17/20 Women Teams

	Place	No.	1st Team	Points	
1	2	29	Rachael Dunn	Edinburgh Athletic Club	13
	5	1	Emily Dudgeon		
	6	28	Caitlin Grey		

Under 17 Men Teams

	Place	No.	1st Team	Points	
1	8	471	Scott McAlpine	Pitreavie AAC	28
	9	480	Ben Kurzman		
	11	472	Callum Stoddart		

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Senior Women

Place	Race No.	Name	Club	Time
1	418	Sarah McCormack	Sheffield University	25.15
2	425	Keira Murray	Lasswade Athletics Club	25.21
3	411	Laura Dunn	Edinburgh Athletic Club	25.51
4	414	Susan Ridley o/45	Edinburgh Athletic Club	26.10
5	437	Jaqui Higginbottom V	Carnethy Hill Racing Club	27.02
6	426	Joanne Thom	Edinburgh Athletic Club	27.43
7	434	Hazel Dean o/45	Central AC	27.45
8	436	Fabienne Thompson V	Carnegie Harriers	27.49
9	439	Gillian Carr V	Corstorphine AAC	27.53
10	430	Hannah Waugh	Kilbarchan Amateur Athletic Club	28.06
11	427	Megan Smith	Corstorphine AAC	29.29
12	444	Fiona Dalgleish	Gala Harriers	30.10
13	438	Gail Murdoch o/45	Carnegie Harriers	30.55
14	429	Ann Hood	UK Net Runner	30.59
15	428	Sharyn Ramage o/45	Edinburgh Athletic Club	31.02
16	443	Grace McKenzie	Carnegie Harriers	31.38
17	416	Hazel Bradley o/45	Anster Haddies Running Club	31.39
18	435	Ruth Johnston	Portobello Running Club	31.42
19	422	Linda James o/45	Carnegie Harriers	31.59
20	413	Jill Horsburgh o/45	Lothian Running Club	32.40
21	417	Pamela Cruikshand o/45	Anster Haddies Running Club	32.47
22	421	Morina Fleming o/45	Carnegie Harriers	33.22
23	415	Ruth Wadson V	Haddington East Lothian Pacemakers	34.14
24	420	Gilly Marshall	Penicuik Harriers	35.29
25	423	Gillian McCracken V	Carnegie Harriers	36.23
26	419	Brenda Clark o/45	Unattached	37.11
27	442	Christina Schmidt	Jog Scotland	37.17
28	412	Alison Cameron	Law & District AAC	37.42
29	424	Melanie Sinclair V	Carnegie Harriers	38.23
30	431	Lesley Fotheringham V	Jog Scotland	40.03
31	432	Carolanne Watson V	Jog Scotland	42.30
32	441	Kirsty Wilson	Unattached	43.41
33	440	Helen Wilson V	Unattached	43.41
34	433	Emma McLeod o/45	Jog Scotland	45.58

Senior Women Teams

	Place	No.	1st Team	Points
1	3	411	Laura Dunn	Edinburgh Athletic Club 13
	4	414	Susan Ridley o/45	
	6	426	Joanne Thom	
2nd Team				
2	8	436	Fabienne Thompson V	Carnegie Harriers 37
	13	438	Gail Murdoch o/45	
	16	443	Grace McKenzie	
3rd Team				
3	27	442	Christina Schmidt	Jog Scotland 88
	30	431	Lesley Fotheringham V	
	31	432	Carolanne Watson V	

Lasswade Athletics Club 29th Open Cross Country Meeting
7th November 2010
Gore Glen, Midlothian

Under 20 / Senior Men				
Place	Race No.	Name	Club	Time
1	224	Ross Matheson (U/20)	Lasswade Athletics Club	35.24
2	205	Andrew Crichton (U/20)	Edinburgh Athletic Club	35.59
3	227	Barney Phillips	Lasswade Athletics Club	37.05
4	196	Jonus Zweck	Edinburgh Athletic Club	37.33
5	246	David Hutchison (U/20)	Central AC	38.34
6	251	Al Hart	Hunters Bog Trotters	38.50
7	222	Scott Bradley	Carnegie Harriers	38.54
8	233	Gareth Green	Portobello Running Club	39.37
9	199	Ian Johnston (V/040)	Corstorphine AAC	39.39
10	244	Jeff Farquhar (V/050)	Pitreevie AAC	39.45
11	249	Neil MacLachan	Pitreevie AAC	39.56
12	191	Gary Grieve	Law & District AAC	40.06
13	240	Martin Gore	Lasswade Athletics Club	40.06
14	186	Gavin May (V/040)	unattached	40.23
15	268	Andrew Smith (U/20)	Carnegie Harriers	40.24
16	255	Hew Jones	Hunters Bog Trotters	40.27
17	184	Darren Dougal	Moorfoot Runners	40.43
18	187	Colin May	unattached	41.06
19	200	Jonathan Hedley	Pitreevie AAC	41.08
20	253	Ben Mitchell (V/040)	Lasswade Athletics Club	41.14
21	201	Barry Davie	Carnegie Harriers	41.14
22	192	Ian Walker	Helensburgh AAC	41.19
23	219	Colin Menzies	Lasswade Athletics Club	41.24
24	221	Peter Humphreys (V/040)	Carnegie Harriers	41.28
25	264	Roy Mitchell (V/040)	Edinburgh Athletic Club	41.45
26	184	Mark Lamb	Dundee Hawkhill Harriers	42.03
27	225	Andrew Matheson (V/040)	Lasswade Athletics Club	42.08
28	269	Ewan McKay (V/050)	Garscube Harriers	42.23
29	273	Roger Clark	Carnegie Harriers	42.42
30	256	Dan Clemens	Hunters Bog Trotters	43.14
31	216	Zander Lyon (U/20)	Lasswade Athletics Club	43.28
32	194	Fraser Purves (V/040)	Central AC	43.41
33	220	Scott Anderson	Lasswade Athletics Club	43.48
34	265	Ian Johnston (V/050)	Carnegie Harriers	43.51
35	208	Mike Harvey (V/040)	Carnegie Harriers	43.59
36	247	Kim McCall (V/050)	Norham Running Club	44.02
37	250	Scott Williamson	Corstorphine AAC	44.06
38	270	Stephen Thomson (V/050)	Livingston & District AAC	44.10
39	203	Michael Fullerton	Portobello Running Club	44.12
40	274	Ian McMillan (V/040)	Portobello Running Club	44.16
41	230	Ross Finlayson	Lasswade Athletics Club	44.31
42	276	Jason Inman	Ochil Hill Runners	44.35
43	243	Alex Oliver (V/040)	Musselburgh & District AC	44.43
44	241	Gordon Pryde (V/050)	Lomond Hill Runners AAC	44.54
45	232	John Turnbull	Falkirk Victoria Harriers	45.04
46	242	David Morris	unattached	45.07
47	229	Chris Peggie	Corstorphine AAC	45.10
48	189	Campbell Cromar (V/040)	Helensburgh AAC	45.12
49	259	Steve Reid (V/040)	Ferranti AAC	45.15
50	226	Ben Giles (U/20)	unattached	45.18
51	262	Robert Patterson	unattached	45.22
52	218	Martin Graham	unattached	45.37
53	182	Nigel Reynolds (V/040)	Dundee Hawkhill Harriers	45.39
54	254	George Ashley	Hunters Bog Trotters	45.59
55	236	John Fulham	Carnegie Harriers	46.05
56	190	Alan McIntosh (V/040)	Lothian Running Club	46.30
57	245	Andrew Fraser (V/040)	Portobello Running Club	46.34
58	231	Stew Barrie (V/040)	Hunters Bog Trotters	46.37
59	228	Jan-Bert van den Berg	Corstorphine AAC	46.43
60	223	Neil Campbell (V/040)	Carnegie Harriers	46.58
61	266	Stephen Greer (V/050)	Carnegie Harriers	49.02
62	237	Richard Shaw (V/050)	Anster Haddies Running Club	49.07
63	267	Malcolm Smith (V/040)	Carnegie Harriers	49.09
64	195	Michael Nowicki	Portobello Running Club	49.35
65	209	Phil Smithard (V/050)	Carnegie Harriers	49.43
66	198	Kevin Clark (V/040)	Portobello Running Club	49.57
67	193	Paul Hutton (V/040)	Carnethy Hill Racing Club	50.07
68	260	Grant Sellar (V/040)	Ferranti AAC	50.09
69	217	Allan Brannigan (V/040)	Carnegie Harriers	50.21
70	261	Craig Lindsay	Carnegie Harriers	50.36
71	210	Phil Duff (V/050)	Carnegie Harriers	50.46
72	257	Keith Weston (V/050)	Ferranti AAC	50.58
73	215	Ron Martin (V/040)	Ochil Hill Runners	51.06
74	185	Paul Fleming (V/040)	Lasswade Athletics Club	51.33
75	197	Graham Swinton (V/040)	unattached	52.03
76	272	Andrew Castle (V/040)	unattached	52.03
77	263	Kenneth Stewart (V/050)	Corstorphine AAC	52.12
78	183	Andreas Wilhelm (V/040)	Carnethy Hill Racing Club	52.21
79	235	Gordon Campbell	Penicuik Harriers	52.38
80	234	Chris Downie (V/040)	Penicuik Harriers	53.11
81	207	Alan Forbes (V/040)	Pitreevie AAC	53.18
82	238	James Small (V/040)	Carnegie Harriers	54.28
83	248	Keith Nicol (V/050)	Ferranti AAC	54.42
84	188	James Purves	Gala Harriers	54.46
85	213	Mick Cowie (V/050)	Carnegie Harriers	55.12
86	239	Garry Ogden (V/040)	Unattached	56.44
87	204	John Milton (V/050)	Carnegie Harriers	57.57
88	252	John Girvan (V/050)	Ferranti AAC	58.18
89	202	Tony Stapley	Portobello Running Club	58.52
90	258	Eddie McDonald (V/050)	Ferranti AAC	59.01
91	275	Sandy Nimmo (U/20)	Lasswade Athletics Club	59.43
92	211	Ken Daniels (V/050)	Carnegie Harriers	59.52
93	214	John McArthur (V/050)	Carnegie Harriers	61.35
94	212	Bill Fairley (V/050)	Carnegie Harriers	62.04

Under 20 / Senior Men Teams				
	Place No.	1st Team		Points
1	1 224	Ross Matheson (U/20)	Lasswade Athletics Club	17
	3 227	Barney Phillips		
	13 240	Martin Gore		
2	2 205	Andrew Crichton (U/20)	Edinburgh Athletic Club	31
	4 196	Jonus Zweck		
	25 264	Roy Mitchell (V/040)		
3	10 244	Jeff Farquhar (V/050)	Pitreevie AAC	40
	11 249	Neil MacLachan		
	19 200	Jonathan Hedley		
4	7 222	Scott Bradley	Carnegie Harriers	43
	15 268	Andrew Smith (U/20)		
	21 201	Barry Davie		
5	6 251	Al Hart	Hunters Bog Trotters	52
	16 255	Hew Jones		
	30 256	Dan Clemens		
6	8 233	Gareth Green	Portobello Running Club	87
	39 203	Michael Fullerton		
	40 274	Ian McMillan (V/040)		
7	9 199	Ian Johnston (V/040)	Corstorphine AAC	93
	37 250	Scott Williamson		
	47 229	Chris Peggie		
8	49 259	Steve Reid (V/040)	Ferranti AAC	189
	68 260	Grant Sellar (V/040)		
	72 257	Keith Weston (V/050)		

Veteran Men Teams				
	Place No.	1st Team		Points
1	24 221	Peter Humphreys (V/040)	Carnegie Harriers	93
	34 265	Ian Johnston (V/050)		
	35 208	Mike Harvey (V/040)		
2	20 253	Ben Mitchell (V/040)	Lasswade Athletics Club	121
	27 225	Andrew Matheson (V/040)		
	74 185	Paul Fleming (V/040)		
3	40 274	Ian McMillan (V/040)	Portobello Running Club	163
	57 245	Andrew Fraser (V/040)		
	66 198	Kevin Clark (V/040)		
4	49 259	Steve Reid (V/040)	Ferranti AAC	189
	68 260	Grant Sellar (V/040)		
	72 257	Keith Weston (V/050)		